

5 GOING OUT, STAYING IN

STUDENT'S BOOK PAGES 42–43

arise /ə'raɪz/ Verb

if a situation *arises*, it starts to exist

I'd probably go to Australia if the opportunity arose | we call in extra staff when the need arises | let me explain how this unfortunate situation arose

• *sorgir*

induce /ɪn'dju:s/ Verb

to *induce* someone to do something means to persuade them to do it. It's a rather formal word

Collocates: induce someone to do something

nothing in the world would induce me to go there | we neither encouraged nor induced him to break the law | he was induced into signing the contract

Noun: *inducement*

Collocates: financial inducement

the company offered financial inducements to new employees to move to the north of Scotland

• *induir*

tailor-made /ˌteɪlə(r) 'meɪd/ Adjective

a *tailor* is a skilled person who makes clothes that are measured and made to fit each customer individually. Something that is *tailor-made* is specially created for an individual, rather than being available for anyone

it looks tailor-made for someone like me | we offer tailor-made software to suit your exact requirements | a tailor-made training course

• *fet a mida*

STUDENT'S BOOK PAGES 44–45

burst /bɜ:(r)st/ Verb

if something *bursts*, it breaks open very suddenly. If you say you are going to *burst*, you mean that you have eaten too much food and you feel as if your stomach will break open

there must have been at least ten courses. I thought I was going to burst | I'd better not have any more ice cream or I'll burst | my back tyre burst while I was cycling home

• *esclatar*

hassle /'hæs(ə)/ Verb

to *hassle* someone means to annoy them by causing problems or constantly demanding their attention when they don't want to talk to you

sorry – I didn't mean to hassle you | my dad's always hassling me about staying out too late | tourists are regularly hassled outside the cathedral

Noun: *hassle*

the tour company was great and the whole trip was hassle free

• *donar la llaua*

hype /haɪp/ Noun singular

hype is a large amount of publicity given to something in an attempt to make people take notice and buy it or watch it

the concert didn't live up to the hype | there's been a lot of hype surrounding the launch of the new iPhone

Verb: *hype*

they've been hyping the last episode of the series almost since the start

• *bombo / propaganda exagerada*

in bits /ɪn 'bɪts/ Adjective

if someone is *in bits*, they are extremely upset and sad about something

he was in bits when he heard the news | getting the sack by text! She must be in bits now

• *destrossat*

in hand /ɪn 'hænd/ Phrase

if a situation is *in hand*, it is being dealt with and is under control

the arrangements are all in hand | it was a tricky situation, but Bryce had it well in hand

• *tenir controlat*

in stitches /ɪn 'stɪtʃɪz/ Phrase

if you are *in stitches*, you are laughing very hard because you think something was very funny

Collocates: have someone in stitches

it was hilarious – we were all in stitches | he had the audience in stitches within minutes of the start of the show

• *partir-se de riure*

mortified /'mɔː(r)tɪfaɪd/ Adjective

if you are *mortified*, you are very upset and ashamed or embarrassed by something

it was so embarrassing – I was mortified | he was mortified to hear his brother had gone to jail | we were mortified when my dad started dancing at the wedding

Adjective: *mortifying* | Verb: *mortify*

it was mortifying to know that it was my fault | they embarrassed and mortified me, though not deliberately

- *humiliat / mort de vergonya*

on top of things /ɒn 'tɒp əv ˌθɪŋz/ Phrase

if you are *on top of things*, you are in control of everything you are trying to do

the week didn't start well, but I was on top of things by Thursday | you can't afford to rest if you want to keep on top of things

- *mantenir l'ordre*

overwhelmed /,əʊvə(r)'welmd/ Adjective

if you are *overwhelmed* by something, it has such a strong effect on your feelings that it is difficult for you to describe exactly how you feel

Collocates: *feel overwhelmed*

she was so overwhelmed that she burst into tears | we were totally overwhelmed by everyone's support and good wishes | I was overwhelmed by a feeling of despair

Verb: *overwhelm* | Adjective: *overwhelming*

a feeling of deep sadness suddenly overwhelmed her | it was all a bit overwhelming for me

- *desbordat*

swallow /'swɒləʊ/ Verb

if you *swallow* something, you make it move from your mouth into your stomach. If the ground *swallows* something, the object sinks below the surface and gets covered over. If you say you want the ground to *swallow* you up, you mean you are very embarrassed about something and don't want people to see you

I was so embarrassed I just wanted the ground to open up and swallow me | she swallowed a chicken bone by accident

- *empassar*

tread /tred/ Verb

if you *tread* on something, you put your foot on it while you are walking

I like dancing, but I'm still prone to tread on toes | be careful – you nearly trod on my foot | treading softly across the carpet, he took a seat by the window

Noun: *tread*

she moved with a noiseless tread

- *trepitjar*

yawn /jɔːn/ Verb

if you *yawn*, your mouth opens very wide and uncontrollably because you are tired

I just couldn't stop yawning, it was so boring | Paul yawned loudly and shrugged his shoulders | it's polite to put your hand over your mouth when you yawn

Noun: *yawn*

I tried to stifle a yawn (tried to stop myself from yawning)

- *badallar*

STUDENT'S BOOK PAGES 46–47

beaten track /ðə 'biːt(ə)n 'træk/ Phrase

a *track* is a path that leads from one place to another. The *beaten track* is a place or route where there are always a lot of people. If you go *off the beaten track*, you go somewhere which doesn't often get visitors or tourists

Collocates: *off the beaten track*

let's tempt you off the beaten track into south London | we always took our holidays off the beaten track

- *fora dels circuits on hi ha molta gent*

bunch /bʌntʃ/ Noun

a *bunch* of bananas, grapes, flowers, etc. is several of them together. A *bunch* of people is a group of people together somewhere. A *bunch* of things or of something is a large number of them or a large amount of it

Collocates: *a bunch of something*

he arrived at the door clutching a bunch of flowers | a bunch of us met up for a meal at the weekend | I've got a bunch of stuff to do before I go home tonight

- *manat / pom / grapat*

creation /kri'eɪʃ(ə)n/ Noun uncount

the *creation* of something is the process of making it start to exist

Collocates: *the creation of something*

all these factors helped the creation of today's computer industry | since its creation in 2003, the company has made over 1 million cars

Verb: *create* | Adjective: *creative* | Adverb: *creatively* |

Noun: *creator*

she had loads of creative ideas for new apps | you need to think creatively to solve this problem | Laffey was the creator, producer, and writer for the film

- *creació*

dip /dɪp/ Noun

if you go for a *dip*, you go into a pool, lake, the sea, etc. and swim for pleasure

Collocates: *go for a dip | have a dip | take a dip*

we went for a dip in the lake | I stayed on the beach and read while the others had a dip

- *capbussada*

embrace /ɪmˈbreɪs/ Verb

if you *embrace* new ideas, ways of doing things, change, etc., you accept them with enthusiasm

we've embraced a huge range of different cooking styles | some people embrace change and find it exciting | the company embraced new technology more cautiously than its rivals

- **acceptar amb entusiasme**

hop /hɒp/ Verb

if you *hop* somewhere, you move there quickly and suddenly

I hopped on a bus to the station | she hopped out of bed and ran to the kitchen | Dave pulled up alongside me in his BMW and told me to hop in

- **fer un salt (també en sentit figurat)**

horde /hɔː(r)d/ Noun

a *horde* is a large number of people, especially when they are behaving in a slightly uncontrolled or frightening way

Collocates: hordes of people | in hordes

there were hordes of tourists in Trafalgar Square | a vast horde of people flooded out of the station | people were leaving the countryside in hordes (in large numbers) looking for work in the cities

- **horda**

iceberg /ˈaɪs,bɜː(r)g/ Noun

an *iceberg* is a large mass of ice in the sea. Most of an iceberg is under the surface of the water, so icebergs are actually much bigger than they appear. If you say that something is the *tip of the iceberg*, you mean that what you are aware of is just a very small part of a much bigger situation, problem, etc.

Collocates: the tip of the iceberg

the ship had crashed into a small iceberg | these examples of cheating are only the tip of the iceberg

- **iceberg**

pastime /ˈpɑːs,tʰaɪm/ Noun

a *pastime* is an activity that is not work, and that you do for pleasure

mountain climbing can be a dangerous pastime | another widely enjoyed pastime is video gaming

- **passatemps**

peckish /ˈpekɪʃ/ Adjective

if you are *peckish*, you are slightly hungry

Collocates: feel peckish

it was quite late, and I was getting peckish | by ten he was feeling peckish and stopped for a sandwich | all that walking made me rather peckish

- **que té una mica de gana**

peculiarly /pɪˈkjuːljə(r)li/ Adverb

you use *peculiarly* to refer to things that exist or are present only in certain places or situations

pantomime is a peculiarly British sort of show | the sunsets that autumn were peculiarly beautiful | this style of architecture is peculiarly Italian

Adjective: *peculiar*

Collocates: peculiar to someone or something
a form of social organisation peculiar to India

- **singularment**

pleasure /ˈpleɪʒə(r)/ Noun

pleasure is happiness you get from doing something that you enjoy

Collocates: the pleasure of (doing) something

we had the pleasure of going to two weddings last month | I always enjoy the pleasure of your company | it's been a pleasure talking to you

Adjective: *pleasurable* || Opposite – Noun: *displeasure*

we spent a pleasurable afternoon watching cricket | he expressed his displeasure in a series of tweets

- **plaer**

rear /rɪə(r)/ Noun

the *rear* of somewhere or something is the back part of it

there is a large garden at the rear of the house | a small shed to the rear is used for keeping garden tools

Adjective: *rear*

the burglars got in through a rear window

- **part posterior**

sign /saɪn/ Noun

a *sign* is an event, situation, or fact that means something is happening or is true or exists

Collocates: a sign of something

he just goes quiet at the slightest sign of stress | another sign of the times is that no one here belongs to a union any more

- **senyal**

sneak /sniːk/ Verb

if you *sneak* somewhere, you go there quietly and secretly, hoping that no one will see you. If something *sneaks* in somewhere, it gets there secretly or without being noticed. If you *sneak* something somewhere, you take it there secretly so that no one knows you have it there

it sneaks into our list of unusual places to visit | I managed to sneak a piece of cake up to my bedroom | one employee tried to sneak secret information out of the factory

- **passar d'amagat**

stand-up /ˈstændʌp/ Adjective

stand-up comedy is a type of performance where a comedian appears on his or her own on stage and entertains the audience with funny stories and jokes. This type of comedy is often just called *stand-up*, and a comedian who does *stand-up* is also called a *stand-up*

I enjoy watching stand-up comedy | in between songs, he does some short stand-up routines | she's a stand-up comedian, actor, and writer

Noun: *stand-up*

She'd always wanted to be a stand-up

- comèdia estil monòleg

swarm /swɔː(r)m/ Noun

a *swarm* of insects is a large number of them all together. You can also use *swarm* to refer to a large number of people, especially if you do not approve of them or what they are doing

Collocates: a swarm of things/people

a swarm of bees | a swarm of journalists waited outside the hospital for news of the royal baby

Verb: *swarm*

waving banners, the crowd swarmed onto the square (went onto it in large numbers)

- eixam

synonymous /sɪˈnɒnɪməs/ Adjective

a *synonym* is a word that means the same as another word. For example, 'below' is a *synonym* of 'beneath'. Words that are *synonyms* are *synonymous* with each other. If you talk about things or situations being *synonymous* with each other, you mean that they are very similar, or that if one thing is true in a situation then the other thing will also be true

Collocates: synonymous with something

the words Switzerland and chocolate are virtually synonymous | the development of cities was synonymous with the rise in civilisation | the brand Rolls Royce is synonymous with excellence

Noun: *synonym*

Collocates: a true/exact synonym | a near synonym

'hot' and 'cold' are not synonyms; they are antonyms (they mean the opposite of each other)

- sinònim

tip /tɪp/ Noun

the *tip* of something is the pointed end of it

the plane measures 61 metres from wing tip to wing tip | he sliced off the tip of his finger by accident

- punta

venture /ˈventʃə(r)/ Verb

if you *venture* somewhere you have never been before, or where there is some sort of risk, you go there

he'd never ventured outside his home city | I wasn't prepared to venture outdoors in that storm | they rarely venture far from the village

- arriscar

wasp /wɒsp/ Noun

a *wasp* is a flying insect with a yellow and black body, that can sting you

I was stung by a wasp | bees and wasps have two pairs of wings

- vespa

STUDENT'S BOOK PAGES 48–49**acceptance** /əkˈseptəns/ Noun uncount

acceptance of a difficult or unpleasant situation is the ability to understand that it cannot be changed and to think about it without getting upset or angry

the book deals with the theme of acceptance | one important aspect of dealing with disappointment is acceptance

Verb: *accept*

my mother never accepted my brother's decision to move to New Zealand

- acceptació

by turns /baɪ ˈtɜː(r)nz/ Adverb

if things happen *by turns*, they happen after each other rather than at the same time

the story is by turns absurd, dark, and full of insight | he grew hot and cold by turns

- per torns

centre /ˈsentə(r)/ Verb

if something *centres* on a topic or person, that topic or person is the main thing that is being considered

Collocates: centre on something | centre around something

this crime thriller centres on a young man already in prison | the debate centred around the role of the teacher in 19th century schools

- centrar-se

conquer /ˈkɒŋkə(r)/ Verb

if you *conquer* something, you succeed in getting control of it or making it less harmful

if you believe that love conquers all, this is a book for you | I had to conquer my fear of flying if I was to go to New York | the government claimed it had finally conquered inflation

- conquerir

credible /'kredəb(ə)l/ Adjective

if something is *credible*, you can believe it or trust it
his excuse was scarcely credible | *I believe there must be a more credible explanation* | *there is no credible evidence to support these claims*

Adverb: *credibly* | Noun: *credibility* || Opposite – Adjective: *incredible*

Collocates: *lend credibility to something* | *gain credibility*
Melbourne is, I am credibly informed, well worth visiting | *having a letter of approval will lend credibility to your application* | *that was a literally incredible story*

- *creïble*

dialogue /'daɪələʊg/ Noun

dialogue is the conversation between characters in a play, film, or book

the long opening scene has no dialogue | *there was not much character development and little meaningful dialogue*

- *diàleg*

eccentric /ɪk'sentɹɪk/ Adjective

something or someone that is *eccentric* is not the same as most other people or things, and behaves in ways that people think are strange and unusual

his mother belonged to an eccentric Irish family | *his behaviour was eccentric, to say the least* | *it wasn't a normal school, in fact I'd say it was highly eccentric*

Adverb: *eccentrically* | Noun: *eccentricity* | Noun: *eccentric*
the more eccentrically he behaved, the more people seemed to like him | *eccentricity runs in her family* | *he was always slightly odd, but now he's a complete eccentric*

- *excèntric*

factor in /'fæktə(r) 'ɪn/ Phrasal verb

if you *factor something in*, you consider its influence on a situation or plan that you are thinking about

they'll sell two and a half million books a year, and that's before you factor in the power of Facebook | *we went over budget because we hadn't factored the weather into our calculations* | *all the extra costs have to be factored into our fee*

Noun: *factor*

what factors are important for a good quality of life?

- *considerar la influència*

in keeping /ɪn 'ki:pɪŋ/ Phrase

if something is *in keeping* with something else, it matches it or is very suitable or appropriate for it

Collocates: *in keeping with something*

the venture is very much in keeping with current cultural trends | *in keeping with the relaxed mood, service in the restaurant is very informal*

Opposite – Phrase: *out of keeping*

Collocates: *out of keeping with something*

the proposed building was totally out of keeping with the rest of the High Street

- *en harmonia amb alguna cosa / d'acord amb alguna cosa*

light /laɪt/ Noun

the *light* in which something is seen is the attitude that people have towards it. If you cast *light* on something, you do something that makes it possible for people to understand it

Collocates: *cast/throw/shed light on something*

not everyone sees these trends in such a positive light | *these essays cast light on Byron's early years*

- *punt de vista / perspectiva*

marked /mɑ:(r)kt/ Adjective

something that is *marked* is very significant or noticeable
social media has had a marked influence on reading choices | *her exam results were a marked improvement on last year's* | *there's a marked resemblance between Harold and his nephew James*

- *destacat*

memoir /'mem,wɑ:(r)/ Noun

a *memoir* is a book or piece of writing that someone writes about their own life

Jones confronts her childhood in this moving memoir | *her second volume of memoirs was published in 2006*

Noun: *memoirist*

Rhodes was a novelist, travel writer, biographer and memoirist

- *memòries*

narrator /nə'reɪtə(r)/ Noun

the *narrator* of a story is the person who is telling or writing it

the book explores the many arguments between the narrator and his girlfriend | *an omniscient narrator (a narrator who knows everything about all the characters in the story)*

Noun: *narrative* | Noun: *narration* | Verb: *narrate*

the narrative has no firm beginning or end | *the film is narrated by Spencer Tracy*

- *narrador*

oppression /ə'preʃ(ə)n/ Noun uncount

oppression is cruel and unfair treatment of people by their rulers

the book tackles issues such as poverty and oppression | they risked their lives to escape oppression in their home nation

Verb: *oppress* | Adjective: *oppressed*

Adjective: *oppressive* | Noun: *oppressor*

Racha was a cruel ruler who oppressed his subjects | a poor and oppressed country | the government was accused of being corrupt and oppressive

• **opressió**

resolution /ˌrezə'lʊːʃ(ə)n/ Noun

resolution is determination to do something. If you make a *resolution*, you make a firm and determined decision to do something

Collocates: make a resolution

did you make any resolutions? | my resolution to go jogging every day lasted just two weeks

Verb: *resolve*

Collocates: resolve to do something

I resolved to keep silent about the matter

• **resolució**

tale /teɪl/ Noun

a *tale* is a story, especially one involving exciting events or magic

Collocates: a cautionary tale | a tall tale | a fairy tale

this uplifting tale will appeal to all readers | I've heard such tales about him

• **conte**

universal /ˌjuːnɪ'vɜː(r)s(ə)l/ Adjective

something that is *universal* exists everywhere or is available to all people

the appeal of book clubs is seemingly universal | if language differences were biological, we'd expect them to be universal to all cultures | the proposal had almost universal support throughout the country

Adverb: *universally*

it was universally acknowledged that something had to be done soon

• **universal**