

# 5 GOING OUT, STAYING IN

## STUDENT'S BOOK PAGES 42–43

### arise /ə'raɪz/ Verb

if a situation *arises*, it starts to exist

*I'd probably go to Australia if the opportunity arose | we call in extra staff when the need arises | let me explain how this unfortunate situation arose*

- *sorgir*

### induce /ɪn'djuːs/ Verb

to *induce* someone to do something means to persuade them to do it. It's a rather formal word

Collocates: induce someone to do something  
*nothing in the world would induce me to go there | we neither encouraged nor induced him to break the law | he was induced into signing the contract*

Noun: *inducement*

Collocates: financial inducement  
*the company offered financial inducements to new employees to move to the north of Scotland*

- *induir*

### tailor-made /ˌteɪlə(r) 'meɪd/ Adjective

a *tailor* is a skilled person who makes clothes that are measured and made to fit each customer individually. Something that is *tailor-made* is specially created for an individual, rather than being available for anyone

*it looks tailor-made for someone like me | we offer tailor-made software to suit your exact requirements | a tailor-made training course*

- *fet a mida*

## STUDENT'S BOOK PAGES 44–45

### burst /bɜː(r)st/ Verb

if something *bursts*, it breaks open very suddenly. If you say you are going to *burst*, you mean that you have eaten too much food and you feel as if your stomach will break open  
*there must have been at least ten courses. I thought I was going to burst | I'd better not have any more ice cream or I'll burst | my back tyre burst while I was cycling home*

- *esclatar*

### hassle /'hæs(ə)l/ Verb

to *hassle* someone means to annoy them by causing problems or constantly demanding their attention when they don't want to talk to you

*sorry – I didn't mean to hassle you | my dad's always hassling me about staying out too late | tourists are regularly hassled outside the cathedral*

Noun: *hassle*

*the tour company was great and the whole trip was hassle free*

- *donar la llaua*

### hype /haɪp/ Noun singular

*hype* is a large amount of publicity given to something in an attempt to make people take notice and buy it or watch it  
*the concert didn't live up to the hype | there's been a lot of hype surrounding the launch of the new iPhone*

Verb: *hype*

*they've been hyping the last episode of the series almost since the start*

- *bombo / propaganda exagerada*

### in bits /ɪn 'bɪts/ Adjective

if someone is *in bits*, they are extremely upset and sad about something

*he was in bits when he heard the news | getting the sack by text! She must be in bits now*

- *destrossat*

### in hand /ɪn 'hænd/ Phrase

if a situation is *in hand*, it is being dealt with and is under control

*the arrangements are all in hand | it was a tricky situation, but Bryce had it well in hand*

- *tenir controlat*

### in stitches /ɪn 'stɪtʃɪz/ Phrase

if you are *in stitches*, you are laughing very hard because you think something was very funny

Collocates: have someone in stitches

*it was hilarious – we were all in stitches | he had the audience in stitches within minutes of the start of the show*

- *partir-se de riure*

**mortified** /'mɔː(r)tɪfaɪd/ Adjective

if you are *mortified*, you are very upset and ashamed or embarrassed by something

*it was so embarrassing – I was mortified | he was mortified to hear his brother had gone to jail | we were mortified when my dad started dancing at the wedding*

Adjective: *mortifying* | Verb: *mortify*

*it was mortifying to know that it was my fault | they embarrassed and mortified me, though not deliberately*

- **humiliat / mort de vergonya**
- 

**on top of things** /ɒn 'tɒp əv ˌθɪŋz/ Phrase

if you are *on top of things*, you are in control of everything you are trying to do

*the week didn't start well, but I was on top of things by Thursday | you can't afford to rest if you want to keep on top of things*

- **mantenir l'ordre**
- 

**overwhelmed** /,əʊvə(r)'welmd/ Adjective

if you are *overwhelmed* by something, it has such a strong effect on your feelings that it is difficult for you to describe exactly how you feel

Collocates: *feel overwhelmed*

*she was so overwhelmed that she burst into tears | we were totally overwhelmed by everyone's support and good wishes | I was overwhelmed by a feeling of despair*

Verb: *overwhelm* | Adjective: *overwhelming*

*a feeling of deep sadness suddenly overwhelmed her | it was all a bit overwhelming for me*

- **desbordat**
- 

**swallow** /'swɒləʊ/ Verb

if you *swallow* something, you make it move from your mouth into your stomach. If the ground *swallows* something, the object sinks below the surface and gets covered over. If you say you want the ground to *swallow* you up, you mean you are very embarrassed about something and don't want people to see you

*I was so embarrassed I just wanted the ground to open up and swallow me | she swallowed a chicken bone by accident*

- **empassar**
- 

**tread** /tred/ Verb

if you *tread* on something, you put your foot on it while you are walking

*I like dancing, but I'm still prone to tread on toes | be careful – you nearly trod on my foot | treading softly across the carpet, he took a seat by the window*

Noun: *tread*

*she moved with a noiseless tread*

- **trepitjar**
- 

**yawn** /jɔːn/ Verb

if you *yawn*, your mouth opens very wide and uncontrollably because you are tired

*I just couldn't stop yawning, it was so boring | Paul yawned loudly and shrugged his shoulders | it's polite to put your hand over your mouth when you yawn*

Noun: *yawn*

*I tried to stifle a yawn (tried to stop myself from yawning)*

- **badallar**
- 

**STUDENT'S BOOK PAGES 46–47**

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**beaten track** /ðə 'bi:t(ə)n 'træk/ Phrase

a *track* is a path that leads from one place to another. The *beaten track* is a place or route where there are always a lot of people. If you go *off the beaten track*, you go somewhere which doesn't often get visitors or tourists

Collocates: *off the beaten track*

*let's tempt you off the beaten track into south London | we always took our holidays off the beaten track*

- **fora dels circuits on hi ha molta gent**
- 

**bunch** /bʌntʃ/ Noun

a *bunch* of bananas, grapes, flowers, etc. is several of them together. A *bunch* of people is a group of people together somewhere. A *bunch* of things or of something is a large number of them or a large amount of it

Collocates: *a bunch of something*

*he arrived at the door clutching a bunch of flowers | a bunch of us met up for a meal at the weekend | I've got a bunch of stuff to do before I go home tonight*

- **manat / pom / gratat**
- 

**creation** /kri'eɪʃ(ə)n/ Noun uncount

the *creation* of something is the process of making it start to exist

Collocates: *the creation of something*

*all these factors helped the creation of today's computer industry | since its creation in 2003, the company has made over 1 million cars*

Verb: *create* | Adjective: *creative* | Adverb: *creatively* |

Noun: *creator*

*she had loads of creative ideas for new apps | you need to think creatively to solve this problem | Laffey was the creator, producer, and writer for the film*

- **creació**
- 

**dip** /dɪp/ Noun

if you go for a *dip*, you go into a pool, lake, the sea, etc. and swim for pleasure

Collocates: *go for a dip | have a dip | take a dip*

*we went for a dip in the lake | I stayed on the beach and read while the others had a dip*

- **capbussada**
-

**embrace** /ɪmˈbreɪs/ Verb

if you *embrace* new ideas, ways of doing things, change, etc., you accept them with enthusiasm

*we've embraced a huge range of different cooking styles | some people embrace change and find it exciting | the company embraced new technology more cautiously than its rivals*

- ***acceptar amb entusiasme***
- 

**hop** /hɒp/ Verb

if you *hop* somewhere, you move there quickly and suddenly

*I hopped on a bus to the station | she hopped out of bed and ran to the kitchen | Dave pulled up alongside me in his BMW and told me to hop in*

- ***fer un salt (també en sentit figurat)***
- 

**horde** /hɔː(r)d/ Noun

a *horde* is a large number of people, especially when they are behaving in a slightly uncontrolled or frightening way

Collocates: hordes of people | in hordes

*there were hordes of tourists in Trafalgar Square | a vast horde of people flooded out of the station | people were leaving the countryside in hordes (in large numbers) looking for work in the cities*

- ***horda***
- 

**iceberg** /ˈaɪs,bɜː(r)g/ Noun

an *iceberg* is a large mass of ice in the sea. Most of an iceberg is under the surface of the water, so *icebergs* are actually much bigger than they appear. If you say that something is the *tip of the iceberg*, you mean that what you are aware of is just a very small part of a much bigger situation, problem, etc.

Collocates: the tip of the iceberg

*the ship had crashed into a small iceberg | these examples of cheating are only the tip of the iceberg*

- ***iceberg***
- 

**pastime** /ˈpɑːs,tʌɪm/ Noun

a *pastime* is an *activity* that is not work, and that you do for pleasure

*mountain climbing can be a dangerous pastime | another widely enjoyed pastime is video gaming*

- ***passatemps***
- 

**peckish** /ˈpekiʃ/ Adjective

if you are *peckish*, you are slightly hungry

Collocates: feel peckish

*it was quite late, and I was getting peckish | by ten he was feeling peckish and stopped for a sandwich | all that walking made me rather peckish*

- ***que té una mica de gana***
- 

**peculiarly** /pɪˈkjuːljə(r)li/ Adverb

you use *peculiarly* to refer to things that exist or are present only in certain places or situations

*pantomime is a peculiarly British sort of show | the sunsets that autumn were peculiarly beautiful | this style of architecture is peculiarly Italian*

Adjective: *peculiar*

Collocates: peculiar to someone or something  
*a form of social organisation peculiar to India*

- ***singularment***
- 

**pleasure** /ˈpleɪʒə(r)/ Noun

*pleasure* is happiness you get from doing something that you enjoy

Collocates: the pleasure of (doing) something

*we had the pleasure of going to two weddings last month | I always enjoy the pleasure of your company | it's been a pleasure talking to you*

Adjective: *pleasurable* || Opposite – Noun: *displeasure*

*we spent a pleasurable afternoon watching cricket | he expressed his displeasure in a series of tweets*

- ***plaer***
- 

**rear** /rɪə(r)/ Noun

the *rear* of somewhere or something is the back part of it

*there is a large garden at the rear of the house | a small shed to the rear is used for keeping garden tools*

Adjective: *rear*

*the burglars got in through a rear window*

- ***part posterior***
- 

**sign** /saɪn/ Noun

a *sign* is an event, situation, or fact that means something is happening or is true or exists

Collocates: a sign of something

*he just goes quiet at the slightest sign of stress | another sign of the times is that no one here belongs to a union any more*

- ***senyal***
- 

**sneak** /sniːk/ Verb

if you *sneak* somewhere, you go there quietly and secretly, hoping that no one will see you. If something *sneaks* in somewhere, it gets there secretly or without being noticed. If you *sneak* something somewhere, you take it there secretly so that no one knows you have it there

*it sneaks into our list of unusual places to visit | I managed to sneak a piece of cake up to my bedroom | one employee tried to sneak secret information out of the factory*

- ***passar d'amagat***
-

**stand-up** /ˈstændʌp/ Adjective

*stand-up* comedy is a type of performance where a comedian appears on his or her own on stage and entertains the audience with funny stories and jokes. This type of comedy is often just called *stand-up*, and a comedian who does *stand-up* is also called a *stand-up*.  
*I enjoy watching stand-up comedy | in between songs, he does some short stand-up routines | she's a stand-up comedian, actor, and writer*

Noun: *stand-up*

*She'd always wanted to be a stand-up*

- *comèdia estil monòleg*

**swarm** /swɔː(r)m/ Noun

a *swarm* of insects is a large number of them all together. You can also use *swarm* to refer to a large number of people, especially if you do not approve of them or what they are doing

Collocates: a swarm of things/people

*a swarm of bees | a swarm of journalists waited outside the hospital for news of the royal baby*

Verb: *swarm*

*waving banners, the crowd swarmed onto the square (went onto it in large numbers)*

- *eixam*

**synonymous** /sɪˈnɒnɪməs/ Adjective

a *synonym* is a word that means the same as another word. For example, 'below' is a *synonym* of 'beneath'. Words that are *synonyms* are *synonymous* with each other. If you talk about things or situations being *synonymous* with each other, you mean that they are very similar, or that if one thing is true in a situation then the other thing will also be true

Collocates: synonymous with something

*the words Switzerland and chocolate are virtually synonymous | the development of cities was synonymous with the rise in civilisation | the brand Rolls Royce is synonymous with excellence*

Noun: *synonym*

Collocates: a true/exact synonym | a near synonym

*'hot' and 'cold' are not synonyms; they are antonyms (they mean the opposite of each other)*

- *sinònim*

**tip** /tɪp/ Noun

the *tip* of something is the pointed end of it

*the plane measures 61 metres from wing tip to wing tip | he sliced off the tip of his finger by accident*

- *punta*

**venture** /ˈventʃə(r)/ Verb

if you *venture* somewhere you have never been before, or where there is some sort of risk, you go there

*he'd never ventured outside his home city | I wasn't prepared to venture outdoors in that storm | they rarely venture far from the village*

- *arriscar*

**wasp** /wɒsp/ Noun

a *wasp* is a flying insect with a yellow and black body, that can sting you

*I was stung by a wasp | bees and wasps have two pairs of wings*

- *vespa*

**STUDENT'S BOOK PAGES 48–49**

**acceptance** /əkˈseptəns/ Noun uncount

*acceptance* of a difficult or unpleasant situation is the ability to understand that it cannot be changed and to think about it without getting upset or angry

*the book deals with the theme of acceptance | one important aspect of dealing with disappointment is acceptance*

Verb: *accept*

*my mother never accepted my brother's decision to move to New Zealand*

- *acceptació*

**by turns** /baɪ ˈtɜː(r)nz/ Adverb

if things happen *by turns*, they happen after each other rather than at the same time

*the story is by turns absurd, dark, and full of insight | he grew hot and cold by turns*

- *per torns*

**centre** /ˈsentə(r)/ Verb

if something *centres* on a topic or person, that topic or person is the main thing that is being considered

Collocates: centre on something | centre around something

*this crime thriller centres on a young man already in prison | the debate centred around the role of the teacher in 19th century schools*

- *centrar-se*

**conquer** /ˈkɒŋkə(r)/ Verb

if you *conquer* something, you succeed in getting control of it or making it less harmful

*if you believe that love conquers all, this is a book for you | I had to conquer my fear of flying if I was to go to New York | the government claimed it had finally conquered inflation*

- *conquerir*

**credible** /'kredəb(ə)l/ Adjective

if something is *credible*, you can believe it or trust it  
*his excuse was scarcely credible* | *I believe there must be a more credible explanation* | *there is no credible evidence to support these claims*

Adverb: *credibly* | Noun: *credibility* || Opposite – Adjective: *incredible*

Collocates: *lend credibility to something* | *gain credibility*  
*Melbourne is, I am credibly informed, well worth visiting* | *having a letter of approval will lend credibility to your application* | *that was a literally incredible story*

- *creïble*

**dialogue** /'daɪələʊg/ Noun

*dialogue* is the conversation between characters in a play, film, or book

*the long opening scene has no dialogue* | *there was not much character development and little meaningful dialogue*

- *diàleg*

**eccentric** /ɪk'sentɹɪk/ Adjective

something or someone that is *eccentric* is not the same as most other people or things, and behaves in ways that people think are strange and unusual

*his mother belonged to an eccentric Irish family* | *his behaviour was eccentric, to say the least* | *it wasn't a normal school, in fact I'd say it was highly eccentric*

Adverb: *eccentrically* | Noun: *eccentricity* | Noun: *eccentric*  
*the more eccentrically he behaved, the more people seemed to like him* | *eccentricity runs in her family* | *he was always slightly odd, but now he's a complete eccentric*

- *excèntric*

**factor in** /'fæktə(r) 'ɪn/ Phrasal verb

if you *factor something in*, you consider its influence on a situation or plan that you are thinking about

*they'll sell two and a half million books a year, and that's before you factor in the power of Facebook* | *we went over budget because we hadn't factored the weather into our calculations* | *all the extra costs have to be factored into our fee*

Noun: *factor*

*what factors are important for a good quality of life?*

- *considerar la influència*

**in keeping** /ɪn 'ki:pɪŋ/ Phrase

if something is *in keeping* with something else, it matches it or is very suitable or appropriate for it

Collocates: *in keeping with something*

*the venture is very much in keeping with current cultural trends* | *in keeping with the relaxed mood, service in the restaurant is very informal*

Opposite – Phrase: *out of keeping*

Collocates: *out of keeping with something*

*the proposed building was totally out of keeping with the rest of the High Street*

- *en harmonia amb alguna cosa / d'acord amb alguna cosa*

**light** /laɪt/ Noun

the *light* in which something is seen is the attitude that people have towards it. If you cast *light* on something, you do something that makes it possible for people to understand it

Collocates: *cast/throw/shed light on something*

*not everyone sees these trends in such a positive light* | *these essays cast light on Byron's early years*

- *punt de vista / perspectiva*

**marked** /mɑ:(r)kt/ Adjective

something that is *marked* is very significant or noticeable  
*social media has had a marked influence on reading choices* | *her exam results were a marked improvement on last year's* | *there's a marked resemblance between Harold and his nephew James*

- *destacat*

**memoir** /'mem,wɑ:(r)/ Noun

a *memoir* is a book or piece of writing that someone writes about their own life

*Jones confronts her childhood in this moving memoir* | *her second volume of memoirs was published in 2006*

Noun: *memoirist*

*Rhodes was a novelist, travel writer, biographer and memoirist*

- *memòries*

**narrator** /nə'reɪtə(r)/ Noun

the *narrator* of a story is the person who is telling or writing it

*the book explores the many arguments between the narrator and his girlfriend* | *an omniscient narrator (a narrator who knows everything about all the characters in the story)*

Noun: *narrative* | Noun: *narration* | Verb: *narrate*

*the narrative has no firm beginning or end* | *the film is narrated by Spencer Tracy*

- *narrador*

**oppression** /ə'preʃ(ə)n/ Noun uncount

*oppression* is cruel and unfair treatment of people by their rulers

*the book tackles issues such as poverty and oppression | they risked their lives to escape oppression in their home nation*

Verb: *oppress* | Adjective: *oppressed*

Adjective: *oppressive* | Noun: *oppressor*

*Racha was a cruel ruler who oppressed his subjects | a poor and oppressed country | the government was accused of being corrupt and oppressive*

• **opressió**

**resolution** /ˌrezə'lʊ:ʃ(ə)n/ Noun

*resolution* is determination to do something. If you make a *resolution*, you make a firm and determined decision to do something

Collocates: make a resolution

*did you make any resolutions? | my resolution to go jogging every day lasted just two weeks*

Verb: *resolve*

Collocates: resolve to do something

*I resolved to keep silent about the matter*

• **resolució**

**tale** /teɪl/ Noun

a *tale* is a story, especially one involving exciting events or magic

Collocates: a cautionary tale | a tall tale | a fairy tale

*this uplifting tale will appeal to all readers | I've heard such tales about him*

• **conte**

**universal** /ˌju:nɪ'vɜ:(r)s(ə)l/ Adjective

something that is *universal* exists everywhere or is available to all people

*the appeal of book clubs is seemingly universal | if language differences were biological, we'd expect them to be universal to all cultures | the proposal had almost universal support throughout the country*

Adverb: *universally*

*it was universally acknowledged that something had to be done soon*

• **universal**