

# Outcomes

# Better Vocabulary Outcomes

## Learner Training 1 Worksheet

**Look at the ideas below about learning vocabulary. Then discuss these questions in small groups.**

- 1 Do any of these ideas surprise you?
- 2 What are the implications of each idea for learning?

**Make notes about how you could use these ideas to improve your learning.**

- 1 Educated native speakers know around 17,000 word families – base words plus words formed from this base.

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- 2 Normally, you have to see / hear and understand a word anything from six to eleven times before you can use it!

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- 3 You may remember some words more quickly if you link them to a word in your own language or a mental picture.

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- 4 People forget 50% of what they learned after one hour – and after a week they forget 80%.

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- 5 On average, people remember seven items at any one time. These items could be pairs of words or expressions.

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- 6 People remember more at the beginnings and ends of lists.

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