

11 FOOD

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bill /bɪl/ Noun

a *bill* is a list that shows how much you have to pay for something

Collocates: pay a bill | a bill for something

I asked the waiter for the bill | I paid the electricity bill yesterday

• factura

chip /tʃɪp/ Noun

chips are long thin pieces of potato that have been fried in deep, hot oil

steak and chips | a portion of chips (enough for one person)

• xip

cooking /'kʊk(ə)rɪ/ Noun uncount

cooking is the activity of preparing and cooking food

a cooking book | I don't really like cooking programmes

• cuina

dessert /dɪ'zɜ:(r)t/ Noun

a *dessert* is a dish of sweet food that you eat at the end of a meal

a fruit dessert | I don't want dessert – just the bill please

• postres

fried /fraɪd/ Adjective

fried food has been cooked in very hot oil or butter

fried potatoes | a fried egg | chicken with fried rice

Verb: fry

• fregit

garlic /'gɑ:(r)lɪk/ Noun uncount

garlic is a small vegetable with a white or pink skin, a little bit like an onion. *Garlic* has a very strong taste, and a little *garlic* is sometimes added to food to give it flavour

fry the onions and garlic for a few minutes | there's too much garlic in this dish

• all

onion /'ʌnjən/ Noun

an *onion* is a vegetable with a thin brown or red skin that you use in cooking. It has a strong flavour, and when you cut it it makes your eyes produce water

fry the onions in butter | a kilo of onions

• ceba

order /'ɔ:(r)də(r)/ Verb

if you *order* something, you ask for it to be sent to you or made ready for you

I ordered a new washing machine last week | I'd like to order a taxi to the station | you can order them online

Noun: order

Collocates: place an order

• demanar

pregnant /'pregnənt/ Adjective

if a woman is *pregnant*, a baby is growing inside her

she was eight months pregnant | you shouldn't eat raw meat if you are pregnant

Noun: pregnancy

• embarassada

soft drink /,sɒft 'drɪŋk/ Noun

soft drinks are drinks like orange juice that do not have alcohol in them

get some soft drinks for the children | I'm driving, so just a soft drink for me, please

• refresc

soup /su:p/ Noun uncount

soup is a food that is made with meat or vegetables and is mostly liquid

a bowl of tomato soup | I've made some soup for lunch | a tin of soup

• sopa

spice /spaɪs/ Noun

spices are plants which have a strong taste and that are added to food to give a nice flavour. Food with a lot of spices in it is *spicy*

add some spices to the dish | I like to cook with spices

Adjective: *spicy*

• espècie

sweets /swi:t/ Noun plural

sweets are small pieces of food which have sugar in them or that taste like fruit. Children like to eat *sweets*

sweets are bad for your teeth | a packet of sweets

• caramel

weight /weɪt/ Noun uncount

your *weight* is how heavy you are

Collocates: lose weight | gain/put on weight

I want to lose weight | she gained a lot of weight

Verb: weigh

• pes

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add /æd/ Verb

if you *add* something to something else, you put the two together

they've added 15% to our bill for service

• afegir

blood /blʌd/ Noun uncount

blood is the red liquid that carries oxygen around your body, and which is pumped by your heart

he lost a lot of blood after the accident | his head was covered in blood

• sang

chicken /ˈtʃɪkɪn/ Noun

a *chicken* is a bird that cannot fly. *Chickens* are kept for their meat, and for their eggs. The meat that you eat is called *chicken*

roast chicken | there were chickens running around outside the farmhouse

• pollastre

course /kɔː(r)s/ Noun

in a meal, the *courses* are the separate dishes that you eat, one after the other. You usually have a starter, then the main *course*, then a dessert

a three-course meal | the first two courses were lovely, but the dessert was horrible

• plat

full /fʊl/ Adjective

if you are *full*, or *full up*, you have eaten a lot of food and cannot eat more

I won't have dessert, I'm full | no more, thank you, I'm full up

• ple / tip

ice cream /ˌaɪs ˈkriːm/ Noun

ice cream is a cold, sweet food, usually made of frozen milk and fruit, chocolate, or nuts

I had ice cream for dessert | all the children wanted an ice cream

• gelat

include /ɪnˈkluːd/ Verb

if one thing *includes* another, the second thing is a part of the first thing

the bill includes service | free wi-fi is included in the price of the hotel room

• incloure

milk /mɪlk/ Noun uncount

milk is a white liquid produced by cows, which you can drink and use in cooking

cheese and butter are made from milk | put the milk in the fridge

• llet

ready /ˈredi/ Adjective

if you are *ready* to do something, you are prepared and able to do it immediately

Collocates: *ready to do something | ready for something*
are you ready to order now? | he was still getting ready when the taxi arrived | aren't you ready yet?

• preparat

recommend /ˌrekəˈmend/ Verb

if you *recommend* something, you tell someone that it is good and that they should get one or do it

Collocates: *recommend doing something*
our waiter recommended the fish | I need to buy a new car – what model would you recommend? | I can strongly recommend swimming in the sea

Noun: *recommendation*

Collocates: *on someone's recommendation*

• recomanar

salad /ˈsæləd/ Noun

salad is a dish of raw, cold vegetables

a tomato salad | I ordered burger and chips with a salad

• amanida

service /ˈsɜː(r)vɪs/ Noun uncount

in a shop or restaurant, the *service* is the way that the staff help the customers. In some restaurants, you pay for the food and also have to pay extra for the *service*

the service at the restaurant was very good | she complained about the service

Verb: *serve*

• servei

starter /ˈstɑː(r)tə(r)/ Noun

starters or a *starter* is a small dish of food that you have at the beginning of a meal, before the main course

I'll have the soup for starters | would you like a starter, sir?

• entrant

well /wel/ Adverb

if you cook food *well*, you cook it for a long time so that none of it is raw

make sure you cook it well | I like my steak well cooked

• bé

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agree /ə'gri:/ Verb

if you *agree* with someone, you say that you think the same thing as them. If you *agree* to do something, you say that you will do something that someone has suggested or asked you to do

Collocates: agree with someone | agree to do something
I thought it was a terrible film, and Frank agreed with me | I agreed to meet them outside the cinema | we discussed it for an hour and still couldn't agree

Noun: *agreement* || Opposite – Verb: *disagree*

Collocates: reach an agreement | come to an agreement | disagree about something | disagree with someone

• *estar d'acord*

banana /bə'nɑ:nə/ Noun

a *banana* is a long curved fruit with a thick skin. It is green when it is on the tree, and can be eaten when it becomes yellow

a bunch of bananas | take a banana in case you get hungry

• *plàtan*

bean /bi:n/ Noun

beans are the seeds of some plants, which are eaten as food

a dish of fried rice and black beans | I grow beans in my garden

• *mongeta*

beef /bi:f/ Noun uncount

beef is the meat you get from cows

roast beef and vegetables | I like my beef rare (not cooked for long and still pink with blood)

• *carn de vedella*

bread /bred/ Noun uncount

bread is a food made from flour and water and usually yeast (a substance that makes the bread rise when it is cooked)

Collocates: a loaf/slice of bread | white/brown/stale/fresh bread

a slice of bread and butter | I prefer brown bread

• *pa*

butter /'bʌtə(r)/ Noun uncount

butter is a soft yellow food made from milk, which you use in cooking and spread on bread

fry the onions in a little butter | keep the butter in the fridge

• *mantega*

cream /kri:m/ Noun uncount

cream is a thick liquid made from milk

you shouldn't eat too much butter or cream | for dessert we had fruit and cream

• *nata*

curry /'kʌri/ Noun

curry is an Indian dish made with a lot of spices

a beef curry | a chicken curry

• *curri*

disagree /,dɪsə'gri:/ Verb

if you *disagree* with someone, you say that you do not think the same thing as them

Collocates: disagree with someone | disagree about something

the two countries disagree about where the border should be | I disagree with everything you've just said!

Noun: *disagreement* || Opposite – Verb: *agree*

disagreement between people | disagreement about something

• *no estar d'acord*

discuss /dɪ'skʌs/ Verb

if you *discuss* something, you talk about it with someone else

they were discussing their favourite TV programmes | I'd like to discuss your ideas in class

Noun: *discussion*

Collocates: have a discussion | a discussion about something

• *debatre*

egg /eg/ Noun

an *egg* is a small, almost round object with a thin shell produced by birds. People eat *eggs* from chickens and ducks and also use them in cooking

a boiled egg | fried eggs

• *ou*

juice /dʒu:s/ Noun

juice is the liquid you get by squeezing a fruit, such as an orange or an apple

a glass of orange juice | would you like some apple juice?

• *suc*

lamb /læm/ Noun uncount

a *lamb* is a young sheep, and *lamb* is the meat you get from young sheep. The meat from older sheep is called mutton

would you prefer lamb or beef? | garlic goes well with lamb

• *xai*

nut /nʌt/ Noun

a *nut* is the hard seed of some plants, which you can eat
do these chocolates have nuts in them? | I bought a bag of nuts to eat on the journey

• fruit sec

pepper /ˈpepə(r)/ Noun uncount

pepper is a spice that you add to food to give it a slightly hot flavour

the salt and pepper are on the table | we've run out of pepper (there's none left)

• pebre

pork /pɔː(r)k/ Noun uncount

pork is the meat you get from pigs

we had roast pork for dinner | cook the pork slowly with onions and garlic

• porc

potato /pəˈteɪtəʊ/ Noun

potatoes are vegetables that grow under the surface of the ground. They have a brown or red skin and are white or yellow inside

a baked potato | I grow potatoes in the garden

• patata

product /ˈprɒdʌkt/ Noun

a *product* is something that is made and sold. Dairy *products* are things like butter, cheese, and yoghurt, which are made from milk

she can't eat any dairy products | all their products are good quality

Verb: *produce* | Noun: *production*

• producte

salt /sɔːlt/ Noun uncount

salt is white stuff found in the sea and in the ground. You add *salt* to food when you are cooking it to make it taste nicer

where's the salt and pepper? | there's too much salt in the soup

Adjective: *salty*

• sal

steak /steɪk/ Noun

a *steak* is a piece of beef that you grill or fry

I ordered steak and chips | my steak isn't cooked enough

• bistec

sugar /ˈʃʊɡə(r)/ Noun uncount

sugar is sweet stuff that you use in cooking cakes and biscuits, and that some people add to their tea or coffee to make it taste sweeter

do you take sugar in your coffee? | too much sugar is bad for your teeth

• sucre

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avoid /əˈvɔɪd/ Verb

if you *avoid* someone or something, you try to keep away from them so that you do not see them or have to deal with them

I managed to avoid the rush hour (the busy time on trains and buses) by leaving an hour early | I think Sam is avoiding me (trying not to see me or speak to me)

• evitar

bar /bɑː(r)/ Noun

a *bar* is a solid piece of something that is longer than it is wide

Collocates: a bar of something

a bar of chocolate | a bar of soap

• barra

biscuit /ˈbɪskɪt/ Noun

a *biscuit* is a thin, usually round, piece of sweet food like a cake

a packet of biscuits | would you like a biscuit?

• galeta

combination /ˌkɒmbɪˈneɪʃ(ə)n/ Noun

a *combination* of things is a number of different things all mixed together

Collocates: a combination of something

chocolate and cheese is an unusual combination! | the show was a combination of music and dance

• combinació

diet /ˈdaɪət/ Noun

your *diet* is the range of food that you eat. If you are on a *diet*, you are very careful about what you eat because you are trying to lose weight and stay healthy

eat a varied diet (lots of different sorts of food) | I've been on a diet for three weeks

• dieta

employed /ɪmˈplɔɪd/ Adjective

if you are *employed*, you have a job that someone pays you for

I was employed as a window cleaner | are you employed at the moment?

Verb: *employ* | Noun: *employer* | Noun: *employee* || Opposite – Adjective: *unemployed*

• empleat / treballador

full /fʊl/ Adjective

if something is *full* of something else, it contains a lot of it

Collocates: full of something

oranges are full of vitamins | the cupboard was full of food

- *ple*

hungry /ˈhʌŋɡri/ Adjective

if you are *hungry*, you want to eat something as soon as possible

I'm always hungry after I've been swimming | I had lunch half an hour ago so I'm not hungry | she woke up feeling hungry and thirsty

Noun: *hunger*

- *famolenc*

part-time /ˌpɑː(r)t ˈtaɪm/ Adjective

if you have a *part-time* job, you work for some of the time, but not all the time. Compare *full-time*

I'm looking for a part-time job while I'm studying | he's a part-time teacher

Adverb: *part-time*

- *temps parcial*

separately /ˈsep(ə)rətli/ Adverb

if things are *separate*, they are not together. If things happen *separately*, they do not happen at the same time

cook the vegetables separately | the batteries are sold separately

Adjective: *separate*

- *de manera separada*

terrible /ˈterəb(ə)l/ Adjective

something that is *terrible* is very bad

he made a terrible mess in the kitchen | a terrible crime

- *horrible*

unfair /ʌnˈfeə(r)/ Adjective

something that is *unfair* is not right or reasonable, especially because it treats some people better than others

it's so unfair – I have to be home by ten o'clock but my brother doesn't | they had an unfair advantage because they'd seen the questions before

Adverb: *unfairly* || Opposite – Adjective: *fair*

- *injust*

unforgettable /ˌʌnfə(r)ˈgetəb(ə)l/ Adjective

something that is *unforgettable* is so good or bad or interesting or exciting that you are unlikely to forget it

the boat trip was an unforgettable experience | the view from the top of the mountain was unforgettable

- *inoblidable*

unhealthy /ʌnˈhelθi/ Adjective

if you are *unhealthy*, you are not fit and often ill. Things that are *unhealthy* make you unfit or ill

I was quite unhealthy at the time | an unhealthy lifestyle (a way of living that makes you ill)

Opposite – Adjective: *healthy*

- *malaltís / amb poca salut*

vitamin /ˈvɪtəˌmɪn/ Noun

vitamins are substances in food which are necessary to keep your body healthy. Each *vitamin* is given a name using a letter of the alphabet

green vegetables are a great source of essential vitamins | vitamin C tablets

- *vitamina*

weigh /wei/ Verb

if you *weigh* something, you measure how heavy it is. If you *weigh*, for example, 80 kilos, that is how heavy you are

I weigh five kilos less than I did last month | how much do you weigh? | have you weighed yourself this week?

Noun: *weight*

- *pesar*

GROW (GREW, GROWN, GROWING)

Grow can mean different things. Look at the examples below. Translate them. How many different verbs in your language do you use?

people: *he's grown very tall / he's growing old / my son says he wants to be a doctor when he grows up*

plants and farming: *the plant's not growing / they grow a lot of rice in that area*

increase / get bigger: *the economy's grown by 3% / the population's growing*