

5 GOING OUT, STAYING IN

PAGES 42–43

arise /ə'raɪz/ Verb

if a situation *arises*, it starts to exist

I'd probably go to Australia if the opportunity arose | the confusion arose because we both had the same colour car | we call in extra staff when the need arises | let me explain how this unfortunate situation arose

induce /ɪn'djuːs/ Verb

to *induce* someone to do something means to persuade them to do it. It's a rather formal word

Collocates: induce someone to do something

nothing in the world would induce me to go there | we neither encouraged nor induced him to break the law | he was induced into signing the contract

Noun: *inducement*

Collocates: financial inducement

the company offered financial inducements to new employees to move to the north of Scotland | given sufficient inducement, most of us would agree to change our mobile phone provider

tailor-made /ˌteɪlə(r) 'meɪd/ Adjective

a *tailor* is a skilled person who makes clothes that are measured and made to fit each customer individually. Something that is *tailor-made* is specially created for an individual, rather than being available for anyone

it looks tailor-made for someone like me | we offer tailor-made software to suit your exact requirements | a tailor-made training course | they planned a tailor-made holiday to the USA and Canada

PAGES 44–45

burst /bɜː(r)st/ Verb

if something *bursts*, it breaks open very suddenly. If you say you are going to *burst*, you mean that you have eaten too much food and you feel as if your stomach will break open

there must have been at least ten courses. I thought I was going to burst | I'd better not have any more ice cream or I'll burst | you're not going to have another pizza? You'll burst! | my back tyre burst while I was cycling home

hassle /'hæs(ə)/ Verb

to *hassle* someone means to annoy them by causing problems or constantly demanding their attention when they don't want to talk to you

sorry – I didn't mean to hassle you | my dad's always hassling me about staying out too late | stop hassling me, will you! | tourists are regularly hassled outside the cathedral

Noun: *hassle*

the tour company was great and the whole trip was hassle free | I just don't want the hassle of having to

remember another password | an app that takes the hassle out of finding a good restaurant

hype /haɪp/ Noun singular

hype is a large amount of publicity given to something in an attempt to make people take notice and buy it or watch it

the concert didn't live up to the hype | there was a lot of hype before the film was released | I had to read the book just to see if all the hype was justified | there's been a lot of hype surrounding the launch of the new iPhone | it was all just media hype

Verb: *hype*

they've been hyping the last episode of the series almost since the start

in bits /ɪn 'bɪts/ Adjective

if someone is *in bits*, they are extremely upset and sad about something

he was in bits when he heard the news | getting the sack by text! She must be in bits now | he was in bits when I first met him, but he's come to terms with his wife's death now

in hand /ɪn 'hænd/ Phrase

if a situation is *in hand*, it is being dealt with and is under control

the arrangements are all in hand | it was a tricky situation, but Bryce had it well in hand | plans for next year's conference are in hand

in stitches /ɪn 'stɪtʃɪz/ Phrase

if you are *in stitches*, you are laughing very hard because you think something was very funny

Collocates: have someone in stitches

it was hilarious – we were all in stitches | he had the audience in stitches within minutes of the start of the show | Freeman kept the crowd in stitches with his rapid-fire jokes

mortified /'mɔː(r)tɪfaɪd/ Adjective

if you are *mortified*, you are very upset and ashamed or embarrassed by something

it was so embarrassing – I was mortified | she was too mortified to speak | he was mortified to hear his brother had gone to jail | we were mortified when my dad started dancing at the wedding

Adjective: *mortifying* | Verb: *mortify*

it was mortifying to know that it was my fault | it was mortifying to have to admit that he was wrong | they embarrassed and mortified me, though not deliberately

on top of things /ɒn 'tɒp əv ˌθɪŋz/ Phrase

if you are *on top of things*, you are in control of everything you are trying to do

the week didn't start well, but I was on top of things by Thursday | you can't afford to rest if you want to keep on top of things | you need to be on top of things if you

want to succeed | it was hard work at first and took about a year to get on top of things

overwhelmed /ˌəʊvə(r)ˈwelmd/ Adjective

if you are overwhelmed by something, it has such a strong effect on your feelings that it is difficult for you to describe exactly how you feel

Collocates: feel overwhelmed

she was so overwhelmed that she burst into tears | we were totally overwhelmed by everyone's support and good wishes | I was overwhelmed by a feeling of despair | he felt too overwhelmed to speak

Verb: overwhelm | Adjective: overwhelming

a feeling of deep sadness suddenly overwhelmed her | it was all a bit overwhelming for me

swallow /ˈswɒləʊ/ Verb

if you swallow something, you make it move from your mouth into your stomach. If the ground swallows something, the object sinks below the surface and gets covered over. If you say you want the ground to swallow you up, you mean you are very embarrassed about something and don't want people to see you

I was so embarrassed I just wanted the ground to open up and swallow me | she swallowed a chicken bone by accident

tread /tred/ Verb

if you tread on something, you put your foot on it while you are walking

I like dancing, but I'm still prone to tread on toes | he spent the afternoon treading the streets (walking round a town) | careful – you nearly trod on my foot | treading softly across the carpet, he took a seat by the window

Noun: tread

he heard a soft tread on the floor outside his room | she moved with a noiseless tread

yawn /jɔ:n/ Verb

if you yawn, your mouth opens very wide and uncontrollably because you are tired

I just couldn't stop yawning, it was so boring | Paul yawned loudly and shrugged his shoulders | she yawned, stretched, then got up | it's polite to put your hand over your mouth when you yawn

Noun: yawn

I tried to stifle a yawn (tried to stop myself from yawning) | the film was one big yawn from start to finish (it was very boring)

PAGES 46–47

beaten track /ðə ˌbi:t(ə)n 'træk/ Phrase

a track is a path that leads from one place to another. The beaten track is a place or route where there are always a lot of people. If you go off the beaten track, you go somewhere which doesn't often get visitors or tourists

Collocates: off the beaten track

let's tempt you off the beaten track into south London | we always took our holidays off the beaten track | on our way home we went off the beaten track to explore the villages of Languedoc

bunch /bʌntʃ/ Noun

a bunch of bananas, grapes, flowers, etc. is several of them together. A bunch of people is a group of people together somewhere. A bunch of things or of something is a large number of them or a large amount of it

Collocates: a bunch of something

he arrived at the door clutching a bunch of flowers | a bunch of us met up for a meal at the weekend | a bunch of keys hung from his belt | I've got a bunch of stuff to do before I go home tonight

creation /kri'eɪʃ(ə)n/ Noun uncount

the creation of something is the process of making it start to exist

Collocates: the creation of something

all these factors helped the creation of today's computer industry | our goal is economic growth and job creation | the creation of the National Health Service was a major achievement | since its creation in 2003, the company has made over 1 million cars

Verb: create | Adjective: creative | Adverb: creatively | Noun: creator

the government has promised to create 100,000 new jobs this year | you need to create a new spreadsheet for each project | turning data into usable information is a creative process | she had loads of creative ideas for new apps | you need to think creatively to solve this problem | Laffey was the creator, producer, and writer for the film

dip /dɪp/ Noun

if you go for a dip, you go into a pool, lake, the sea, etc. and swim for pleasure

Collocates: go for a dip | have a dip | take a dip

we went for a dip in the lake | we took a refreshing dip in the sea before lunch | I stayed on the beach and read while the others had a dip

embrace /ɪmˈbreɪs/ Verb

if you embrace new ideas, ways of doing things, change, etc., you accept them with enthusiasm

we've embraced a huge range of different cooking styles | some people embrace change and find it exciting | the company embraced new technology more cautiously than its rivals | doctors need to move with the times and embrace new ideas

hop /hɒp/ Verb

if you hop somewhere, you move there quickly and suddenly

I hopped on a bus to the station | she hopped out of bed and ran to the kitchen | Dave pulled up alongside me in his BMW and told me to hop in | he was standing on a chair to clean the window but hopped down when I arrived | I hopped back into the car and set off for the airport

horde /hɔ:(r)d/ Noun

a horde is a large number of people, especially when they are behaving in a slightly uncontrolled or frightening way

Collocates: hordes of people | in hordes

there were hordes of tourists in Trafalgar Square | the island attracts hordes of holidaymakers in the summer | a vast horde of people flooded out of the station | people were leaving the countryside in hordes (in large numbers) looking for work in the cities

iceberg /'aɪs,bɜ:(r)g/ Noun

an iceberg is a large mass of ice in the sea. Most of an iceberg is under the surface of the water, so icebergs are actually much bigger than they appear. If you say that something is the *tip of the iceberg*, you mean that what you are aware of is just a very small part of a much bigger situation, problem, etc.

Collocates: the tip of the iceberg

the ship had crashed into a small iceberg | the Arctic is really just a floating iceberg | the Titanic sank after hitting an iceberg in 1912 | these examples of cheating are only the tip of the iceberg | what he owed the bank was just the tip of the iceberg

pastime /'pɑ:s,tʌɪm/ Noun

a pastime is an *activity* that is not work, and that you do for pleasure

gardening is a very British pastime | mountain climbing can be a dangerous pastime | playing chess was his only pastime | my favourite pastime is fishing | another widely enjoyed pastime is video gaming

peckish /'pekɪʃ/ Adjective

if you are *peckish*, you are slightly hungry

Collocates: feel peckish

if you're feeling peckish, try their fruit cake | it was quite late, and I was getting peckish | by ten he was feeling peckish and stopped for a sandwich | all that walking made me rather peckish

peculiarly /pɪ'kju:ljə(r)li/ Adverb

you use *peculiarly* to refer to things that exist or are present only in certain places or situations

pantomime is a peculiarly British sort of show | the sunsets that autumn were peculiarly beautiful | these dishes are peculiarly English | this style of architecture is peculiarly Italian

Adjective: *peculiar*

Collocates: peculiar to someone or something

this sort of language is peculiar to members of the legal profession | a form of social organisation peculiar to India

pleasure /'pleɪzə(r)/ Noun

pleasure is happiness you get from doing something that you enjoy

Collocates: the pleasure of (doing) something

the pleasure of gardening was her latest discovery | we had the pleasure of going to two weddings last month | I always enjoy the pleasure of your company | it's been a pleasure talking to you | enjoy life's simple pleasures while you can

Adjective: *pleasurable* || Opposite – Noun: *displeasure*

we spent a pleasurable afternoon watching cricket | the party was not as pleasurable as he had expected it to be | he expressed his displeasure in a series of tweets

rear /rɪə(r)/ Noun

the *rear* of somewhere or something is the back part of it
there is a large garden at the rear of the house | there is a gate at the rear which leads out onto the field | a small shed to the rear is used for keeping garden tools

Adjective: *rear*

the burglars got in through a rear window | passengers in both front and rear seats have to wear a seat belt

sign /saɪn/ Noun

a *sign* is an event, situation, or fact that means something is happening or is true or exists

Collocates: a sign of something

he just goes quiet at the slightest sign of stress | hopefully, the improvement in his French marks is a sign of things to come | another sign of the times is that no one here belongs to a union any more | the economy has been showing signs of improvement

sneak /sni:k/ Verb

if you *sneak* somewhere, you go there quietly and secretly, hoping that no one will see you. If something *sneaks* in somewhere, it gets there secretly or without being noticed. If you *sneak* something somewhere, you take it there secretly so that no one knows you have it there

it sneaks into our list of unusual places to visit | I managed to sneak a piece of cake up to my bedroom | one employee tried to sneak secret information out of the factory | I heard someone trying to sneak in through the back door

stand-up /'stændʌp/ Adjective

stand-up comedy is a type of performance where a comedian appears on his or her own on stage and entertains the audience with funny stories and jokes. This type of comedy is often just called *stand-up*, and a comedian who does *stand-up* is also called a *stand-up*
I enjoy watching stand-up comedy | in between songs, he does some short stand-up routines | she's a stand-up comedian, actor, and writer

Noun: *stand-up*

I tried doing stand-up but it was hard, so I stick to writing now | She'd always wanted to be a stand-up

swarm /swɔ:(r)m/ Noun

a *swarm* of insects is a large number of them all together. You can also use *swarm* to refer to a large number of people, especially if you do not approve of them or what they are doing

Collocates: a swarm of things/people

a swarm of mosquitoes | a swarm of bees | a swarm of journalists waited outside the hospital for news of the royal baby

Verb: *swarm*

bees start swarming when they run out of room | waving banners, the crowd swarmed onto the square (went onto it in large numbers)

synonymous /sɪ'nɒnɪməs/ Adjective

a *synonym* is a word that means the same as another word. For example, 'below' is a *synonym* of 'beneath'.

Words that are *synonyms* are *synonymous* with each other. If you talk about things or situations being *synonymous* with each other, you mean that they are very similar, or that if one thing is true in a situation then the other thing will also be true

Collocates: synonymous with something

there was a time when Dalston was synonymous with social deprivation | the words Switzerland and chocolate are virtually synonymous | the development of cities was synonymous with the rise in civilisation | the brand Rolls Royce is synonymous with excellence

Noun: *synonym*

Collocates: a true/exact synonym | a near synonym
a dictionary of English synonyms | true synonyms are unusual (words which mean exactly the same thing) and near synonyms are much more common (words which mean almost the same thing) | 'hot' and 'cold' are not synonyms; they are antonyms (they mean the opposite of each other)

tip /tɪp/ Noun

the *tip* of something is the pointed end of it

the plane measures 61 metres from wing tip to wing tip | he sliced off the tip of his finger by accident | there's a blob of cream on the tip of your nose | it's on the tip of my tongue (I know it but I just can't remember the exact word now) | this is just the tip of the iceberg (this is just one small problem, but there are a lot more problems)

venture /'ventʃə(r)/ Verb

if you *venture* somewhere you have never been before, or where there is some sort of risk, you go there

he'd never ventured outside his home city | I wasn't prepared to venture outdoors in that storm | if you're going to venture abroad this summer, make sure to get insurance before you go | a few expeditions ventured south into the Sahara | they rarely venture far from the village

wasp /wɒsp/ Noun

a *wasp* is a flying insect with a yellow and black body, that can sting you

a swarm of wasps (a large group of wasps all flying together) | I was stung by a wasp | an angry wasp | a wasps' nest | bees and wasps have two pairs of wings

PAGES 48–49

acceptance /ək'septəns/ Noun uncount

acceptance of a difficult or unpleasant situation is the ability to understand that it cannot be changed and to think about it without getting upset or angry

the book deals with the theme of acceptance | one important aspect of dealing with disappointment is acceptance | the four stages that follow getting bad news are: shock, anger, rejection, and acceptance

Verb: *accept*

my mother never accepted my brother's decision to move to New Zealand | if you want to live in an exciting city like London, you just have to accept that it will be very expensive

by turns /baɪ 'tʊ:(r)nz/ Adverb

if things happen *by turns*, they happen after each other rather than at the same time

the story is by turns absurd, dark, and full of insight | we'll walk and ride by turns | the man looked by turns frightened and fierce | he grew hot and cold by turns | doctors came to watch by turns beside their colleague

centre /'sentə(r)/ Verb

if something *centres* on a topic or person, that topic or person is the main thing that is being considered

Collocates: centre on something | centre around something

this crime thriller centres on a young man already in prison | the discussion centred on whether or not to send troops to Syria | her lecture centred on the influence of Shakespeare on Eliot's poetry | the debate centred around the role of the teacher in 19th century schools

conquer /'kɒŋkə(r)/ Verb

if you *conquer* something, you succeed in getting control of it or making it less harmful

if you believe that love conquers all, this is a book for you | I had to conquer my fear of flying if I was to go to New York | the government claimed it had finally conquered inflation

credible /'kredəb(ə)/ Adjective

if something is *credible*, you can believe it or trust it

the dialogue is crisp and credible | his excuse was scarcely credible | I believe there must be a more credible explanation | there is no credible evidence to support these claims

Adverb: *credibly* | Noun: *credibility* || Opposite – Adjective: *incredible*

Collocates: lend credibility to something | gain credibility

Melbourne is, I am credibly informed, well worth visiting | he could not credibly explain how he spent all the money | having a letter of approval will lend credibility to your application | launching your website will give your business instant credibility | the plan gained credibility when the bank agreed to invest in the project | that was a literally incredible story

dialogue /'daɪəlɒg/ Noun

dialogue is the conversation between characters in a play, film, or book

the dialogue is crisp and credible | the long opening scene has no dialogue | there was not much character development and little meaningful dialogue | the book was full of descriptions, with hardly any dialogue

eccentric /'ɪk'sentɪk/ Adjective

something or someone that is *eccentric* is not the same as most other people or things, and behaves in ways that people think are strange and unusual

his mother belonged to an eccentric Irish family | his behaviour was eccentric, to say the least | it wasn't a normal school, in fact I'd say it was highly eccentric | the film features a range of eccentric characters

Adverb: *eccentrically* | Noun: *eccentricity* |

Noun: *eccentric*

the more eccentrically he behaved, the more people seemed to like him | his father had certain eccentricities which his friends laughed at | eccentricity runs in her family | he was always slightly odd, but now he's a complete eccentric

factor in /ˌfæktə(r) 'ɪn/ Phrasal verb

if you *factor in* something, you consider its influence on a situation or plan that you are thinking about

they'll sell two and a half million books a year, and that's before you factor in the power of Facebook | £200 was a lot of money in 1950 when you factor in the inflation there's been since then | we went over budget because we hadn't factored the weather into our calculations | all the extra costs have to be factored into our fee

Noun: *factor*

factors such as smoking and bad diet can lead to heart attacks | what factors are important for a good quality of life?

in keeping /ɪn 'ki:pɪŋ/ Phrase

if something is *in keeping* with something else, it matches it or is very suitable or appropriate for it

Collocates: *in keeping with something*

the venture is very much in keeping with current cultural trends | all the furniture was in keeping with the house | he was politically active, in keeping with the family tradition | in keeping with the relaxed mood, service in the restaurant is very informal

Opposite – Phrase : *out of keeping*

Collocates: *out of keeping with something*

the proposed building was totally out of keeping with the rest of the High Street | it would look all right in an office, but it's quite out of keeping here

light /laɪt/ Noun

the *light* in which something is seen is the attitude that people have towards it. If you cast *light* on something, you do something that makes it possible for people to understand it

Collocates: *cast/throw/shed light on something*

not everyone sees these trends in such a positive light | once I got to know him better, I saw him in a different light | you'll see him in a new light after you read this | these essays cast light on Byron's early years

marked /mɑ:(r)kt/ Adjective

something that is *marked* is very significant or noticeable

social media has had a marked influence on reading choices | her exam results were a marked improvement on last year's | the 8th century saw a marked increase of wealth in Crete | there's a marked resemblance between Harold and his nephew James | adding three more violins made a marked difference to the sound

memoir /'mem,wɑ:(r)/ Noun

a *memoir* is a book or piece of writing that someone writes about their own life

Jones confronts her childhood in this moving memoir | her second volume of memoirs was published in 2006 | the film was based on Elizabeth Gilbert's best-selling

memoir | the story is told as a combination of history and memoir

Noun: *memoirist*

Rhodes was a novelist, travel writer, biographer and memoirist

narrator /nə'reɪtə(r)/ Noun

the *narrator* of a story is the person who is telling or writing it

the book explores the many arguments between the narrator and his girlfriend | an omniscient narrator (a narrator who knows everything about all the characters in the story) | a first-person narrator (a narrator who is a character in the story and tells it from his or her point of view) | an unreliable narrator (a narrator who deliberately misleads the reader) | the narrator explains that every night she dreams of Mirna

Noun: *narrative* | Noun: *narration* | Verb: *narrate*

the narrative has no firm beginning or end | it was a simple narrative but it told a complex story | the opening narration is spoken by Richard Burton | Dermot briefly narrated his adventures in California | the film is narrated by Spencer Tracy

oppression /ə'ɒpɹeʃ(ə)n/ Noun uncount

oppression is cruel and unfair treatment of people by their rulers

the book tackles issues such as poverty and oppression | victims of violent oppression | they suffered years of political oppression | they risked their lives to escape oppression in their home nation

Verb: *oppress* | Adjective: *oppressed* |

Adjective: *oppressive* | Noun: *oppressor*

Racha was a cruel ruler who oppressed his subjects | if one nation oppresses another, all other nations should unite to prevent such oppression | a poor and oppressed country | oppressed minorities in the north of the country | life under Stalin's oppressive regime was hard | the government was accused of being corrupt and oppressive | after three years, the oppressors were finally driven out | a brutal oppressor

resolution /ˌrezə'lju:(ə)n/ Noun

resolution is determination to do something. If you make a *resolution*, you make a firm and determined decision to do something

Collocates: *make a resolution*

a new year's resolution (a decision to do something differently in your life after 1st January) | did you make any resolutions? | my resolution to go jogging every day lasted just two weeks

Verb: *resolve*

Collocates: *resolve to do something*

she resolved to get her novel published by the end of the year | I resolved to keep silent about the matter

tale /teɪl/ Noun

a *tale* is a story, especially one involving exciting events or magic

Collocates: *a cautionary tale | a tall tale | a fairy tale*

this uplifting tale will appeal to all readers | a sweet and

moving tale of young love | a cautionary tale (one that warns the reader about things they should not do) | don't tell tales! (don't tell lies) | I've heard such tales about him | he was famous for his tall tales (stories that are probably not true) | I never liked fairy tales when I was a child

universal /ˌjuːnɪˈvɜː(r)s(ə)/ Adjective

something that is *universal* exists everywhere or is available to all people

the appeal of book clubs is seemingly universal | if language differences were biological, we'd expect them to be universal to all cultures | Finland offers its citizens universal health care | universal compulsory education began in 1871 | the proposal had almost universal support throughout the country

Adverb: *universally*

it was universally acknowledged that something had to be done soon | Shakespeare is universally regarded as England's greatest writer

EXERCISES

PREPOSITIONS

A Complete the sentences with the correct preposition. Look up the word in bold if you need help.

- As a child I tried not to **tread** the cracks in the pavement.
- This crime thriller **centres** a young man who is already in prison
- In keeping** the relaxed mood, service in the restaurant is very informal.
- We were totally **overwhelmed** everyone's support and good wishes.
- He arrived at the door clutching a **bunch** flowers.
- There were **hordes** tourists in Trafalgar Square.

WORD FAMILIES

B Complete the expressions on the right with the correct form of the word in bold.

- | | |
|------------------------------------|-------------------|
| 1 totally mortified | a |
| | experience |
| 2 feel overwhelmed | an |
| | feeling |
| 3 eccentric behaviour | he behaves |
| | |
| 4 make a resolution | he had |
| | to leave |
| 5 the pleasure of gardening | find gardening |
| | |
| 6 induce someone to stay | offer a financial |
| | |

C Tick the words in the unit that are both a verb and a noun.

- hassle
- hype
- accept
- tread
- narrate
- oppress
- yawn
- create

PHRASES

D Complete the phrases with the correct word in the box.

stitches bits tip top hand track

- He was in after he lost his job.
- She's really funny and always has us in

- I didn't need to worry because Rory had everything in
- I struggled at first, but I'm on of things now.
- It's good to get off the beaten and explore new places.
- The problems with the car were just the of the iceberg.

COLLOCATIONS

E Match the adjectives (1–6) with the nouns (a–f). Look up the nouns if you need help.

- | | |
|-----------------|----------------|
| 1 a cautionary | a) synonym |
| 2 an exact | b) comedian |
| 3 a tailor-made | c) tale |
| 4 a stand-up | d) explanation |
| 5 a credible | e) improvement |
| 6 a marked | f) holiday |

F Complete the missing nouns from the unit.

- a b _ _ _ h of flowers
- a h _ _ _ e of people
- a dangerous p _ _ _ _ _ e
- a meaningful d _ _ _ _ _ e
- a best-selling m _ _ _ _ r
- a first-person n _ _ _ _ _ r
- political o _ _ _ _ _ n

G Complete the sentences with the correct form of the verbs in the box. Look up the words in bold if you need help.

feel lend cast go make

- I stayed on the beach while the others for a **dip**.
- By ten o'clock, he was **peckish** and stopped for a sandwich.
- My new website will **credibility** to my job applications.
- The letters **light** on what my father did in the war.
- Every year I the same **resolution**: to improve my speaking skills.