

13 JOURNEYS

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anxious /'æŋkʃəs/ Adjective

someone who is *anxious* is worried and nervous about something that might happen

Collocates: anxious about something

I get really anxious when I fly | she often feels anxious before exams | the silence was making me anxious | Katie has always been a very anxious child | I'm a little anxious about the results

Noun: *anxiety* | Adverb: *anxiously*

Collocates: anxiety about/over something

how do you cope with anxiety? | It helps to share your anxieties with others | she expressed her anxiety about the decision | they waited anxiously for the next bus

bend /bend/ Noun

if a road, river, etc *bends*, it changes direction in the shape of a curve. A bend is a curve in a road, river, etc

Collocates: a sharp/tight bend | a hairpin bend

a sharp bend in the road/river | it's dangerous to overtake on a tight bend | as he came around the bend, a dog ran out into the road | the road down the mountain had many hairpin bends (very extreme bends)

Verb: *bend*

Collocates: bend sharply

the road bent sharply to the right | the river bends northeast towards the estuary

brake /breɪk/ Verb

brakes are the equipment in a vehicle that you use for stopping or slowing down. If you *brake*, you stop or slow down the vehicle by using the brakes

Collocates: brake hard/sharply

he braked hard but still hit the wall | I had to brake sharply to avoid crashing into the back of her car

Noun plural: *brakes*

Collocates: slam on/hit the brakes

I saw a small boy run out so I slammed on the brakes | the brakes failed and I crashed into a tree | we began to skid before he could hit the brakes

bumpy /'bʌmpi/ Adjective

a *bump* is a raised, uneven part on a surface. If a journey is *bumpy*, it is uncomfortable because the vehicle you are in moves up and down a lot on the surface you are travelling along

the road was really bumpy | we had a very bumpy flight

Noun: *bump*

we hit a bump in the road | my back really hurt every time we went over a bump

calm down /kɑ:m 'daʊn/ Phrasal verb

if you *calm down*, you become less excited, angry, or upset. If you *calm* someone *down*, you make them feel less excited, angry, or upset

it took me a few minutes to calm down | calm down and tell me what the problem is! | I bought him a coffee and tried to calm him down | you need to calm yourself down a bit

carriage /'kærɪdʒ/ Noun

if a vehicle *carries* someone or something, it takes them there. A *carriage* is one of the separate sections of a train that carries passengers. The American word is *car*

they sat in the first-class carriage | is this the quiet carriage? (a carriage where people don't use phones or noisy electronic devices)

Verb: *carry*

a train carrying over 200 passengers has crashed in southern Spain | a small boat carried tourists on a trip across the bay

check in /tʃek 'ɪn/ Phrasal verb

if you *check in* at a hotel or airport, you give your personal details and show tickets etc so that you can use the hotel or travel on the flight

we'll go and check in at our hotel first | guests may check in between 3pm and 9pm | we can check in online for this flight | you must check in at least an hour before you fly

Noun uncount: *check-in* | Opposite: *check out*

Collocates: check-in desk/counter | check out of

there was a huge queue at the check-in desk | online check-in is far more convenient | check-in is after midday | an early check-in | Mr Leeming checked out before breakfast | Olga had already checked out of the hotel

deck /dek/ Noun

the *deck* of a boat is the outside part where you can walk. A *deck* is also one of the different levels or areas on a boat, plane, or bus

Collocates: on deck

it was too windy to go out on deck | they had to hide in a tiny space below deck (in the part of the ship under the deck) | we sat on the top deck of the bus | passengers aren't normally allowed on the flight deck (the part of a plane where the pilot sits)

flat /flæt/ Adjective

a *flat* tyre does not have enough air in it

Collocates: a flat tyre

I think you've got a flat tyre | you could have used my bike but the back tyre is flat

Noun: *flat*

twenty miles after we set off, I got a flat

go through /'gəʊ 'θru:/ Phrasal verb

if you *go through* a difficult or unpleasant situation, you experience it

they've been through a very difficult time recently | I don't want to go through that again | he's going through a difficult phase | I can't even imagine what she's going through

hang around /hæŋ ə'raʊnd/ Phrasal verb

if you *hang around*, you stay somewhere waiting or doing nothing

we hung around outside because Tom wasn't ready | there was a lot of hanging around at the airport | they had to hang around for a while until the next train

harbour /'hɑ:(r)bə(r)/ Noun

a *harbour* is an area of sea next to the land where it is safe for boats to stay, and where people can get on and off boats

Collocates: a fishing/natural/sheltered harbour
it's a coastal town with a pretty fishing harbour | excursion boats leave from the harbour | the small harbour is usually packed with yachts and boats

line /laɪn/ Noun

a *line* is a part of a railway system, or the metal track that trains travel along

there are engineering works on the London to Brighton line | they're doing repairs on the District line | it's a very fast line up to Edinburgh (the trains are fast) | it's a direct line from London to Birmingham (you don't have to change trains)

overtake /,əʊvə(r)'teɪk/ Verb

if you *overtake* another vehicle when you are driving, you go past it because you are moving faster

the taxi driver overtook another car on a tight bend | it's too dangerous to overtake here | you should always check your mirror before overtaking

platform /'plætˌfɔ:(r)m/ Noun

at a railway station, the *platforms* are the areas next to the track, where passengers get on and off trains

the 9.23 to Newcastle will depart from platform 3 | passengers are requested to keep away from the edge of the platform

rough /rʌf/ Adjective

if the sea is *rough*, there are a lot of waves on the surface because the weather is bad

Collocates: a rough sea | rough seas
the ferry was delayed because of rough seas | the lifeboat couldn't approach them because the sea was so rough | it was a rough crossing (journey across a sea) and lots of people were ill

set off /set 'ɒf/ Phrasal verb

if you *set off*, you begin a journey

we're setting off at 6am tomorrow | they set off early the next day | do you want something to eat before we set off?

slippery /'slɪpəri/ Adjective

if you *slip*, your foot moves accidentally and you lose your balance or fall. A surface that is *slippery* is very smooth or wet and difficult to walk on, so it could make you slip

watch out, the ground is really slippery over there | the tiled floor was wet and slippery

Verb: *slip*

Collocates: slip on something

It's muddy over there - be careful you don't slip | I slipped on the kitchen floor and broke my arm

smooth /smu:ð/ Adjective

if a journey across the sea is *smooth*, the boat you are travelling in does not move about much because there are not many waves on the surface of the sea

Collocates: a smooth crossing

we had a smooth crossing and I didn't feel ill at all

terrifying /'terə'faɪɪŋ/ Adjective

something that is *terrifying* makes you feel extremely frightened

it was a terrifying experience that I'd rather forget | I still find oral exams terrifying | the mountain roads were narrow and completely terrifying

Adverb: *terrifyingly* | Verb: *terrify* | Adjective: *terrified*

Collocates: terrified of something

the cave was terrifyingly dark | the shootings terrified the neighbourhood | Sally has always been terrified of spiders | I'm terrified of flying | he was terrified that she would fall

tight /taɪt/ Adjective

a *tight* bend is a bend in a road, track, etc which curves a lot and is difficult to drive around

Collocates: a tight bend

the two vehicles collided on a tight bend | high-speed train lines try and avoid tight curves

tyre /'taɪə(r)/ Noun

a *tyre* is a thick rubber cover which fits around the wheel of a car, bicycle, or other vehicle

Collocates: a flat tyre | a spare tyre

we got a flat tyre on the motorway | there's a spare tyre in the back of the car | we had to change the tyres | can you check the tyres before we set off?

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asylum /ə'saɪləm/ Noun uncount

asylum is the right to stay in a country. It is given by a government to someone who is unable to return to their own country for political reasons

Collocates: grant someone asylum | seek asylum | political asylum | an asylum seeker

over 500 refugees were granted asylum | a growing number of these people are seeking political asylum | the regulation was put in place to protect asylum seekers

collapse /kə'læps/ Verb

if something or someone *collapses*, they suddenly fall down. If a system *collapses*, it suddenly fails or comes to an end

if the government hadn't helped the banks, the economy would have collapsed | the trial collapsed when a key witness proved unreliable

Noun: *collapse*

Collocates: the collapse of something | be on the brink/point/verge of collapse

various factors contributed to the collapse of the economy | the banking system was on the brink of collapse

connected /kə'nektɪd/ Adjective

if something is well *connected*, it has good links with other things

Collocates: well connected

refugees are often well connected, and may have friends and families in countries all over the world | the area is well connected for transport | he's a very well-connected man (he knows a lot of people)

Noun: *connection* Verb: *connect*

Collocates: connection between something and something | connection to/with something | connect something to/with something

there are good connections between the capital and other towns | some say he has a connection to a terrorist organisation | we try to maintain good connections with other charities | the island is connected to the mainland by ferry

considerable /kən'sɪd(ə)rəb(ə)l/ Adjective

considerable means large in amount or degree

renovation of the building is likely to cost a considerable amount of money | these businesses are making considerable contributions to the national economy | he'd hired a dinner suit, at considerable expense | it's an issue of considerable significance

Adverb: *considerably*

their room was considerably larger than ours | the meal was considerably more expensive than I expected | it's considerably warmer on the south coast | the options differ considerably in terms of cost and complexity

contribution /,kɒntrɪ'bju:ʃ(ə)n/ Noun

if you make a *contribution* to something, you do something to help make it successful or to achieve it

Collocates: make a contribution (to something) | an important/major/outstanding/significant/useful/valuable contribution

this kind of industry makes a significant contribution to the national economy | we would not have been able to achieve this success without Eva's outstanding contribution | he made a major contribution to the peace process | that report was one of her more useful contributions

Verb: *contribute* Noun: *contributor*

Collocates: contribute something to/towards something | contributor to something

Mr Fellowes didn't really contribute much to the discussion | she listened to the others but had nothing further to contribute | have you got anything useful to contribute? | they're contributing £5000 to church funds | she was a regular contributor to various specialist journals | the project is funded by donations from a number of generous contributors

critical /'krɪtɪk(ə)l/ Adjective

someone who is *critical* gives their opinion when they think something is wrong or bad

Collocates: critical of something/someone

the writer is critical of the way immigration is often discussed | some people have been critical of how the

situation was handled | Jack's aunt was a very critical person | there's no need to be so critical of everything I do | he was openly critical of the prime minister

Noun: *criticism* | Verb: *criticise*

Collocates: criticism of someone or something | attract criticism | harsh/heavy/fierce/strong criticism | constructive criticism | criticise someone for (doing) something | be heavily/severely/strongly/widely criticised
the government's policy on this has attracted strong criticism | it was an unfair criticism of his approach | allow me to offer you some constructive criticism (that is intended to help you) | she's doing her best, there's no need to criticise | they were criticised for not doing more to help | the local council has been heavily criticised for its response to the issue

detention centre /dɪ'tenʃ(ə)n ,sentə(r)/ Noun

a *detention centre* is a place like a prison for people who don't have permission to be in a country. They are kept there while the authorities decide whether to allow them to stay

Hussain was then kept in a government detention centre for another nine months before finally being allowed to stay in the country | conditions in the detention centre were described as unacceptable

fit /fɪt/ Adjective

if someone is *fit*, they are healthy and can do physical exercise without becoming tired

Collocates: get fit

our team might have won if all our players had been fit | I need to get fit if I'm going to walk 20 miles | Montero is hoping to be fit for his semi-final match on Sunday

Noun: *fitness*

he needs to work on his fitness if he's going to win | Amy is a real fitness fanatic — she cycles everywhere

flee /fli:/ Verb

if you *flee* a dangerous place or situation, you escape from it quickly

Collocates: flee across from/to/into somewhere

immigrants who have fled their own countries are more likely to start their own businesses | thousands of refugees are fleeing across the border to safety | they fled to a village on the other side of the mountain

gang /gæŋ/ Noun

a *gang* is a group of people who spend a lot of time together, often for criminal reasons

Collocates: a gang of something

they were operating as an organised gang | a gang of kids | a criminal gang is thought to be responsible for the damage | all gang members were disarmed and arrested

generate /dʒenəreɪt/ Verb

if you *generate* something, you produce it or cause it to develop

these small businesses never generate much money | we're just not generating enough cash to cover our costs | the store will generate over 500 new jobs

Noun: *generation*

electricity generation | the generation of renewable energy

hazardous /'hæzə(r)dəs/ Adjective

a *hazard* is something that could be dangerous or cause damage. If something is *hazardous*, it could be dangerous for a person's health or safety

Collocates: hazardous to something or someone
he had survived in some of the most hazardous waters on Earth | some of the ingredients are hazardous to animals | storms across the west are causing hazardous driving conditions | the room that caught fire contained a number of hazardous chemicals

Noun: *hazard*

smoking is a well-known health hazard | you can't light a candle in here - it's a fire hazard | use of these fertilizers is now considered an environmental hazard

mature /mə'tʃʊə(r)/ Adjective

someone who is *mature* has a fully developed personality and behaves in a sensible way

Anna was much more mature than the other girls in the group | he was a mature individual who always behaved responsibly

Verb: *mature* | Noun: *maturity* | Opposite: *immature*

Tom has really matured since he went to university | John had acquired a sudden remarkable maturity | Pablo can be so annoying at times, he's very immature

mature /mə'tʃʊə(r)/ Verb

if someone *matures*, their personality becomes more fully developed and they behave in a sensible way

Tom has really matured since he went to university | it's not just individuals that mature and grow because of immigration, but nations as well

Adjective: *mature* | Noun: *maturity*

Anna was much more mature than the other girls in the group | he was a mature individual who always behaved responsibly | John had acquired a sudden remarkable maturity

ordeal /ɔ:(r)'di:l/ Noun

an *ordeal* is a very difficult and unpleasant experience

the two women suffered a terrifying ordeal | Patricia began to describe her painful ordeal

refugee /,refjʊ'dʒi:/ Noun

a *refugee* is someone who has left their country because of war or their political or religious beliefs, or because of an event such as an earthquake, flood, etc

Collocates: a refugee camp

the ship's captain agreed to take the refugees to the safety of Malaysia | the war has created thousands of refugees | the troubles have caused thousands to flock to refugee camps

seeker /'si:kə(r)/ Noun

if you *seek* something, you try to get it. A *seeker* is someone who is trying to find or get something

Collocates: an asylum seeker | a job seeker

the measure has obvious implications for job seekers | asylum seekers are retained in detention centres | he's always been a publicity seeker

Verb: *seek*

Collocates: seek advice/help | seek asylum/shelter/refuge

if these symptoms persist, then seek medical advice | hundreds of women and children have sought refuge in the camps | these individuals are refugees seeking asylum

skill set /'skɪl ,set/ Noun

a *skill* is an ability to do something. A *skill set* is the range of things that a person can do well

having a broad skill set has provided a lot of opportunities | the two candidates have slightly different skill sets

squeeze /skwi:z/ Verb

if you *squeeze* a person or thing somewhere, or if they *squeeze* somewhere, they manage to move into a small space

Collocates: squeeze (something or someone) into somewhere

the men were squeezed into a tiny fishing boat | we managed to squeeze everything into one bag | the puppy had squeezed through a gap in the hedge | can you squeeze together so there's more room?

Noun: *squeeze*

it was a bit of a squeeze, but we all managed to find a seat

target /'tɑ:(r)ɡɪt/ Verb

a *target* is an object that you try to hit in a game or sport. If you *target* someone or something, you try or intend to attack them

as a member of an ethnic minority he was often targeted and treated badly | terrorists in the north have begun targeting government buildings

Noun: *target*

tourists have become targets for terrorist attacks | several military targets were destroyed

turnover /'tɜ:(r)nəʊvə(r)/ Noun singular

the *turnover* of a company is the value of the goods or services it sells over a particular period of time

Collocates: annual turnover

his printing company now employs six people and has an annual turnover of \$500,000

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allowance /ə'laʊəns/ Noun

if you are *allowed* something, or if you are *allowed* to do something, you are given permission to have or do it. An *allowance* is an amount of something that you are officially allowed to have by a particular set of rules

you need to be careful that you don't exceed the baggage allowance of 20 kilos | that's far more than your recommended daily allowance

Verb: *allow*

smoking is not allowed in the auditorium | I'm not allowed to watch TV on weekdays | patients are allowed two visitors only | the service allows access to the account from any computer

assume /ə'sju:m/ Verb

if you *assume* that something is true, you believe it is true even though you do not have proof

Collocates: assume that

I assume that it's hot in Spain at the moment | I'm assuming you'll join us for lunch | I think we can safely assume that he's not coming | why are you automatically assuming that this is my fault?

Noun: *assumption*

Collocates: make an assumption | a false assumption
people tend to make assumptions about him based on how he looks | I'm sorry, but that's a completely false assumption | I think we should question the scientific assumption on which this theory is based

bite /baɪt/ Noun

if you *bite* something, you use your teeth to cut into it or make a hole in it. A *bite* is an injury or mark on your skin where an insect or other animal has bitten you

I woke up covered in mosquito bites | he had a nasty bite on his leg

Verb: *bite*

We were bitten by mosquitoes when we were asleep | does Jack's rabbit bite?

blame /bleɪm/ Verb

if you *blame* someone or something, you say that they have caused a problem

Collocates: blame something on someone/something | blame someone/something for something | be to blame for something

I blame the media for all this fuss | you can't blame everything on your parents | do you know who's to blame for this mess? | she blamed herself for driving too fast | if it goes badly, don't blame me! | bad weather and pilot error were blamed

Noun: *blame*

Collocates: blame for something | get/take the blame | put/lay the blame on someone

he doesn't deserve the blame for what happened | the prime minister must take some of the blame for this | why is it me who always seems to get the blame? | they put the blame squarely on their opponents

careful /'keə(r)f(ə)/ Adjective

if someone is *careful*, they think about what they are doing so that they avoid problems or mistakes

Collocates: careful about something | careful what/how/who, etc | careful that

his success is down to careful planning | after careful consideration, we've decided on a winner | you need to be particularly careful about how you approach this | be careful what you say to him, he's easily offended | be careful that you don't touch the edges

Adverb: *carefully* || Opposite -- Adjective: *careless* |

Adverb: *carelessly*

read the instructions carefully | the room had been carefully prepared | it was a carefully constructed argument | he was so careless he left his wallet at home | he carelessly dropped his briefcase on the bed

conditions /kən'dɪʃ(ə)nz/ Noun plural

conditions are the things that must be true or be done as part of an agreement, law, or contract

Collocates: meet/satisfy the conditions | terms and conditions

you have to meet strict financial conditions in order to qualify | it's always advisable to read the terms and conditions before signing the contract | I'm sorry, but you'll have to pay extra, those are the ticket conditions

excess /'eksəs/ Adjective

excess means more than is usual or needed

drain off any excess fat and add water | the excess land was mostly sold to existing tenants | there was a charge for excess baggage (bags that weigh more than an official limit)

Noun: *excess* | Adjective: *excessive*

Collocates: an excess of something

tests revealed an excess of alcohol in the victim's blood | brush the fish with oil and shake off any excess | the restaurant was lovely but the prices were a bit excessive

fascinating /'fæsɪneɪɪŋ/ Adjective

something that is *fascinating* is very interesting

I found her story absolutely fascinating | he gave a fascinating talk about polar bears | Berlin is one of the most fascinating places I've ever visited | it'll be fascinating to see who wins

Verb: *fascinate* | Adjective: *fascinated* |

Adverb: *fascinatingly*

Collocates: fascinated by/with something

geology is a subject that has always fascinated me | as a child, Kevin was fascinated by dinosaurs | he was fascinated with modern technology and engineering | I'd be fascinated to know what she said to him | Eden is a fascinatingly complex character | she had deep blue eyes and a fascinatingly beautiful face

filthy /'fɪlθi/ Adjective

if someone or something is *filthy*, they are very dirty

I must change this tablecloth, it's filthy | the car got filthy from driving along all those dusty roads | go take a bath, your knees are filthy!

Noun: *filth*

everything was covered in filth | the whole place was full of filth and dirt

hang /hæŋ/ Verb

if you *hang* something somewhere, you put it so that it is held at the top, and the bottom doesn't touch the ground

Collocates: hang something on/over somewhere

you can hang your coats over there | I shouldn't have left my bag hanging from the back of my seat | he took off his jacket and hung it on the back of the door

Phrasal verb: *hang up*

I washed my clothes and hung them up to dry | she hung up her hat and sat down

in advance /ɪn əd'vɑːns/ Phrase

if you do something *in advance*, you do it before a particular time or event in the future

Collocates: well in advance | in advance of something
you can reserve seats in advance | I'd advise you to book your tickets well in advance | details are circulated two weeks in advance of the start date

packed /pækt/ Adjective

if a place or object is *packed*, it is full of people or things

Collocates: packed with something
every museum was packed with tourists | the train was so packed that I couldn't sit down | the centre of town was absolutely packed this morning | the drink is packed with vitamins | an action-packed film (full of action)

rash /ræʃ/ Noun

a *rash* is an area of red spots that you get on your skin if you eat or come into contact with something that makes your body sick

Collocates: come out in a rash

I've got a rash on my legs | he developed a nasty rash | when I'm stressed, I often come out in a rash

soaked /səʊkt/ Adjective

if someone or something is *soaked*, they are extremely wet

Collocates: get soaked | be soaked to the skin

take an umbrella or you'll get soaked | my clothes were absolutely soaked | What have you been doing? You're soaked to the skin! | the tent was soaked through (wet all the way through) after the storm

Verb: soak

last night's heavy rain soaked the tent and all our stuff

EXERCISES

PREPOSITIONS

A Complete the sentences with the correct preposition.

- 1 Have you checked in your hotel yet?
- 2 It was sunny, so we went up deck.
- 3 He is critical everything I do.
- 4 We managed to squeeze everything one bag.
- 5 All the museums in the city were packed tourists.

B Choose the correct preposition.

- 1 You can't blame everything *on / to* your parents.
- 2 He made a major contribution *at / to* the peace process.
- 3 I'm a little anxious *for / about* the exam results.
- 4 There was a sharp bend *in / at* the road.
- 5 Sally has always been terrified *about / of* spiders

WORD FAMILIES

C Complete the expressions with the correct form of the word in bold.

- | | |
|-------------------------------------|-------------------------|
| 1 a bumpy journey | a on the pavement |
| 2 check in at the airport | the desk |
| 3 be anxious about something | express your |
| 4 be critical of someone | heavily someone |
| 5 a terrifying experience | I was absolutely |

D Complete the sentences with the correct words from the words in brackets.

- 1 These small businesses never much money. (generation)
- 2 You can't light a candle in here – it's a fire (hazardous)
- 3 She's a fanatic – she goes to the gym every day! (fit)
- 4 His decision was based on a completely false (assume)
- 5 As a child, I was by volcanoes. (fascinating)

WORD-BUILDING

E Complete the sentences with the correct adjective from the box.

terrifying fascinated terrified fascinating

- 1 I find speaking in public absolutely
- 2 I couldn't move – I was absolutely
- 3 He gave a talk about famous railway lines.
- 4 I'd be to hear more about his experiences.

F Complete the collocations with the verbs in the box. Look up the verbs if you need help.

flee squeeze hang brake overtake generate

- 1 a lorry on the motorway
- 2 sharply to avoid crashing into a wall
- 3 across the border to safety
- 4 your jacket on the back of a chair
- 5 new jobs
- 6 into a very small space

G Match the two halves of the collocations.

- | | |
|----------------|----------------|
| 1 a bend | a) seeker |
| 2 the top deck | b) camp |
| 3 an asylum | c) in the road |
| 4 baggage | d) of the bus |
| 5 a refugee | e) allowance |

H Complete the collocations with nouns and adjectives from the unit.

- 1 the first-class c_ _ _ _ _ e
- 2 a pedestrian c_ _ _ _ _ g
- 3 suffer a terrifying o_ _ _ _ _ l
- 4 have a flat t_ _ _
- 5 We were s_ _ _ _ _ d to the bone after being out in the rain.
- 6 I found her story absolutely f_ _ _ _ _ _ _ _ g.

PHRASAL VERBS

I Choose the correct word to complete the phrasal verb.

- 1 Just try to calm *down / up*.
- 2 What time do we have to check *up / in*?
- 3 We had to hang *around / up* for two hours at the airport.
- 4 We'll set *off / up* at about 10 o'clock tomorrow.
- 5 She's going *off / through* a difficult time in her job.