14 STUFF

PAGE 123

spare /speə(r)/ Adjective
something that is *spare* is not used usually, but is available if it is needed

you can sleep in the spare room | make sure you have a spare tyre in the boot | I'll give you my spare key so you can get in if you're back early | take a spare pair of shoes in case it rains

PAGES 124–125

bin /bɪn/ Noun
a *bin* is a container where you put things that you don't want

Collocates: a rubbish bin | a litter bin

just throw it in the bin | use the rubbish bin by the gate | the bin's full again | they come round to empty the bins every Tuesday morning | the council put three new litter bins on the High Street

Verb: *bin*

if you don't want it any more, just bin it

bucket /ˈbʌkɪt/ Noun
a *bucket* is a container with a handle and an open top that you use for carrying water. The amount that a *bucket* can contain is a *bucketful*

Collocates: a bucket of water

a plastic bucket | as a joke, she threw a bucket of water over me | there's a hole in my bucket

Noun: *bucketful*

we collected a bucketful of rain water

dark /dɑː(r)k/ Adjective
if somewhere is *dark*, there is no light there or only a very little light

it's really dark in the garden now | you won't be able to see the stars until it gets dark outside | the inside of the cinema was dark

Noun: *dark* | Noun: *darkness*

Collocates: be in darkness

I'm afraid of the dark | the room was in total darkness

deposit /dɪˈpɒzɪt/ Noun
a *deposit* is a sum of money you pay before you rent something. If the place or thing you rented is in good condition when you finish using it, the money is given back to you

Collocates: a refundable/returnable deposit

it took weeks before they returned our deposit | the deposit will be 15% of the rental price | bike hire is £10 an hour, with a £50 returnable deposit (a deposit that will be given back to you)

fix /fɪks/ Verb
if you *fix* something somewhere, you put it there in such a way that it will stay there, for example by using nails or screws

the shelves were fixed to the wall with metal brackets | I've been trying to fix a new handle on the door

hammer /ˈhæmə(r)/ Noun
a *hammer* is a tool that consists of a handle and a heavy metal end which you use to knock nails into wood

I dropped a hammer on my foot | you'll need a hammer and some nails | the hammer fell out of my tool bag

Verb: *hammer*

be careful of your thumb when you're hammering the nails in

handle /ˈhænd(ə)l/ Noun
a *handle* is a part of something that you hold on to when you are using it

the handle of the frying pan was too hot to hold | a plastic bucket with a metal handle | the door handle was stuck | the handle has come off my suitcase

join /dʒɔɪn/ Verb
if you *join* things together, you attach them to each other and fix them so that they stay together

I need to join these bits of paper together | join the two pieces of plastic with glue

mortgage /ˈmɔː(r)gɪdʒ/ Noun
if you have a *mortgage*, you have borrowed an amount of money to pay for a house or flat and you are paying the money back over a long period of time

Collocates: pay off a mortgage | take out a mortgage

we had to take out a mortgage to buy the house | he won a lot of money and paid off his mortgage | it's impossible to get a mortgage if you don't have a job | we applied for our mortgage online

nail /neɪl/ Noun
a *nail* is a thin pointed piece of metal that you push into wood by hitting it with a hammer in order to fix something in place or hold things together

you'll need a hammer and some nails | hammer the nail into the wall here | I dropped a bag of nails on the floor

Verb: *nail*

I nailed a strip of wood to the edge of the bench to stop things falling off

needle /ˈniːd(ə)l/ Noun
a *needle* is a thin, pointed piece of metal with a small hole at one end for thread to go through. You use *needles* for sewing things

My button's come off. Can I borrow a needle and some thread (long thin piece of cotton, wool, etc. for sewing)? | a sewing needle | I couldn't see well enough to thread the needle (push the thread through the small hole) | be careful sitting down there, I dropped a needle and haven't found it yet

© 2016 National Geographic Learning

oven /ˈʌv(ə)n/ Noun

an *oven* is a piece of equipment in your kitchen that can get very hot, and which you use to cook food in

Collocates: a gas/electric oven | turn an oven on/off | a hot/low oven

a gas oven (that uses gas to make the heat) | *bake it in a hot oven for 40 minutes* | *you can leave it overnight in a low oven (a not very hot oven)* | *did you remember to turn the oven off?* | *preheat the oven before you put the pizza in (make the oven hot first)* | *don't put the pizza into a cold oven*

pan /pæn/ Noun

a *pan* is a metal container that you use for cooking food

heat the milk in a small pan | *a frying pan* | *a non-stick pan (that has a layer of special stuff on the surface to stop food sticking to it)* | *we keep all the pots and pans in the cupboard next to the cooker*

plaster /ˈplɑːstə(r)/ Noun

a *plaster* is a small piece of sticky material that you put over a cut on your skin in order to protect it

put a plaster on the cut | *you can take the plaster off now* | *if you pull the plaster off very quickly it won't hurt*

shelf /ʃelf/ Noun

a *shelf* is a flat surface attached to a wall, which you can put things on

Collocates: the top shelf | the bottom shelf

there's some toothpaste on the shelf in the bathroom | *I spent the afternoon putting up shelves in the kitchen (fixing them to the wall)* | *the salt is on the top shelf in the cupboard* | *I need more shelves for my books* | *her first job was stacking shelves in a supermarket (putting things on the shelves for customers to take)*

Noun: *shelving*

we built a shelving unit for the living room

sort out /ˌsɔː(r)t ˈaʊt/ Phrasal verb

if you *sort* a place *out*, you organise the things there so that everything is in order

we'll have to give everything a good clean and sort the place out | *I spent the weekend sorting out the garage* | *you're not getting any more pocket money till you've sorted out your bedroom* | *she was in her office sorting out her papers*

spill /spɪl/ Verb

if you *spill* a liquid, you accidentally let it fall out of its container

I've spilt milk all over the chair | *she spilled some hot tea on her hand* | *don't spill your coffee*

stapler /ˈsteɪplə(r)/ Noun

a *stapler* is a small machine which pushes thin pieces of stiff metal through sheets of paper in order to hold them together

can I borrow a stapler? | *I've got two staplers and I can never find either of them*

Noun: *staple* | Verb: *staple*

you need to put more staples into the stapler | *staple the documents together and put them into envelopes*

store /stɔː(r)/ Verb

if you *store* something somewhere, you keep it there until you need it

we store our camping gear in the spare room | *I stored some of my old toys in the garage* | *my parents stored our furniture for us when we were waiting to move into our new flat*

Noun: *storage* | Noun: *store*

Collocates: in store

there's a lot of storage space above the garage | *our furniture was in store for three weeks*

PAGES 126–127

bar /bɑː(r)/ Noun

a *bar* is a solid piece of something that is longer than it is wide

Collocates: a bar of something

a bar of chocolate | *a bar of soap* | *thieves stole gold bars worth £2 million*

burn /bɜː(r)n/ Verb

if you *burn* something, you destroy it by making it catch fire

they recycle 50% of their waste, and burn the rest | *they burned the national flag outside the parliament building* | *lots of houses burned down in the Great Fire of London*

can /kæn/ Noun

a *can* is a metal container, especially for drinks or food. A *can* is also the amount of drink or food inside it

Collocates: a can of something

a can of cola | *she drank two cans of lemonade* | *can you buy a can of beans for lunch?* | *a can opener (a special tool to cut the top of a can and open it)* | *a ring-pull can (a can that has a metal circle on the top that you can pull to open it)*

Adjective: *canned*

canned tomatoes are a cheap way to get tomatoes in the winter

carton /ˈkɑː(r)t(ə)n/ Noun

a *carton* is a container for liquid, especially food liquids such as milk. A *carton* is also the amount of liquid inside it

Collocates: a carton of something

a carton of orange juice | *pour a carton of cream into the bowl* | *an empty milk carton*

consume /kənˈsjuːm/ Verb

if you *consume* food, you eat it or drink it. If you *consume* other things, you use them and then have to throw them away. Economists refer to people who buy and use things as *consumers*

everything we produce and consume leads to waste | *we should try and reduce the amount of energy we consume* | *the average household consumes about 140,000 litres of water a year* | *he consumed a huge plate of pasta*

Noun: *consumer* | Noun: *consumption*

energy consumption has been reduced this year| *oil consumption continues to increase* | *the average consumer eats four chocolate bars a week* | *consumer spending (money spent by people in shops)*

© 2016 National Geographic Learning

convince /kənˈvɪns/ Verb

if you *convince* someone, you succeed in making them believe something that they did not believe to start with

Collocates: convince someone of something | convince someone that

the professor is trying to convince me that I could waste less | he managed to convince them of his honesty | the article wouldn't convince all its readers, but it was well written

Adjective: *convincing* | Adjective: *convinced*

it was a very convincing article | I'm convinced he'll be back at work next week

dispose of /dɪˈspəʊz ˌɒv/ Phrasal verb

if you *dispose of* something, you succeed in throwing it away because you no longer need it or use it

it costs $100 per tonne to dispose of rubbish | what's the best way to dispose of old batteries? | the company is disposing of all its old computer screens

Noun: *disposal* | Adjective: *disposable*

Collocates: disposal of something

once a year they organise the disposal of broken furniture | we drank coffee out of disposable cups (ones that you use once and then throw away)

efficiency /ɪˈfɪʃ(ə)nsi/ Noun

the *efficiency* of a machine is how well it works, and how little energy it wastes. A person's *efficiency* is their ability do something well without wasting any time or effort

100% efficiency is impossible | we need to improve our efficiency in this office | the efficiency of our new engines is as high as 90% | we need to work at maximum efficiency until Christmas

Adjective: *efficient* | Adverb: *efficiently* || Opposites – Noun: *inefficiency* | Adjective: *inefficient* | Adverb: *inefficiently*

the new system is far more efficient than the old one | the staff are friendly and efficient | I don't work very efficiently early in the morning | the factory runs very efficiently | the project failed because of the department's inefficiency | the old farming methods were expensive and inefficient | we can't afford to run the business inefficiently

estimate /ˈestɪmeɪt/ Verb

if you *estimate* something, you guess how much it is using the information you have available, although you know you cannot say what the exact amount is

it's estimated that it costs $100 per tonne to dispose of rubbish | let's try and estimate the cost of the holiday | I estimated that there were over 200 people there | she estimates that about 2 million tourists a year visit the capital

Noun: *estimate* /ˈestɪmət/ | Adjective: *estimated*

Collocates: a rough estimate

at a rough estimate it will cost between two and three thousand pounds | can you give me an estimate of how many cakes we'll need for the party? | an estimated 300 soldiers were killed in the battle

gas /gæs/ Noun

gas is any substance such as air which is not solid and not liquid. Some kinds of gas are used in homes and factories for energy or cooking

cows and sheep produce a lot of gas which causes global warming | natural gas is lighter than air | we have a gas cooker (which burns gas to make heat)

get rid of /get ˈrɪd ɒv/ Phrase

if you *get rid of* something, you throw it away or destroy it because you no longer need it or use it

I need to get rid of some of my old clothes | did you manage to get rid of your old fridge? | I can't get rid of the smell of fish in the kitchen

guilty /ˈgɪlti/ Adjective

if you feel *guilty* about something, you feel bad because you think you have done something wrong or unhelpful. In a court, if a judge or jury says someone is *guilty*, they are saying that person committed a crime

Collocates: guilty about (doing) something | guilty of something

I feel slightly sick and very, very guilty | I feel really guilty about leaving you to finish the work | I feel a bit guilty because I haven't rung him for ages | I feel guilty about not inviting her | he gave me a guilty look when I asked him where the money was | he was found guilty of murder

Noun: *guilt*

his feelings of guilt kept him awake that night | the jury had no doubts about his guilt

jar /dʒɑː(r)/ Noun

a *jar* is a glass container for food such as jam or honey

Collocates: a jar of something

a jar of honey | a jam jar (the sort of jar typically used for jam) | make sure the jar is clean before you put the jam in it | you can recycle your old bottles and jars

lead to /ˈliːd tʊ/ Phrasal verb

if one thing *leads to* another, it is the reason for the other thing happening

Collocates: lead to someone doing something

everything we produce and consume leads to waste | can watching too much television lead to bad behaviour in children? | his exam results led to him getting a place at Oxford University

mine /maɪn/ Verb

to *mine* coal, gold, salt, etc. means to dig it out of the ground

they have to mine four tonnes of rock to get one tonne of aluminium | China mines over 47% of the world's coal | it's too expensive to mine for gold here | diamonds have been mined here for over 40 years

Noun: *mine* | Noun: *mining* | Noun: *miner*

Collocates: a coal/gold/salt, etc. mine

her father worked in the coal mine | there's no work in the village since the mine closed down | mining used to be the main industry in South Wales | a coal miner

pick up /ˌpɪk ˈʌp/ Phrasal verb

if you *pick* something *up*, you lift it up from the place where it is with your hands

he picked up a carton from my shopping basket | I bent down to pick the money up from the floor | she picked

© 2016 National Geographic Learning

up her suitcase and climbed onto the coach | *be careful how you pick up heavy objects*

pot /pɒt/ Noun
a *pot* is a container that is used for cooking, keeping food in, or growing plants in

Collocates: a pot of something

a pot of yoghurt | *we keep the pots and pans in a cupboard next to the cooker* | *a row of flower pots* | *a metal cooking pot*

preserve /prɪˈzɜː(r)v/ Verb
if you *preserve* something, you keep it fresh and in good condition, or you stop it from going bad or being destroyed

there were some perfectly preserved sausages there | *they use chemicals to preserve the food* | *experts are working to preserve the painting*

Noun: *preservation*

Collocates: the preservation of something

the preservation of the old bus station will be very expensive

record /ˈrekɔː(r)d/ Noun
your *record* in a particular activity is how well or badly you have done in it

Collocates: a record in doing something | a record on something

Estonia has the best record on rubbish in the EU | *she has a good record in finishing projects on time*

recycle /riːˈsaɪk(ə)l/ Verb
if you *recycle* things that you no longer need or use, you send them away so that they can be treated in special factories and used again somehow

we recycle as much as we can | *you can recycle those plastic bottles* | *we've been recycling our old newspapers for years*

Noun: *recycling*

we should do more to encourage recycling | *recycling is an important activity*

sack /sæk/ Noun
a *sack* is a large bag made of a rough material used for keeping things in or carrying things

Collocates: a sack of something

a sack of potatoes | *three sacks of coal* | *the flour was kept in sacks in the room behind the kitchen*

site /saɪt/ Noun
a *site* is a place where something is or where something happens. On the internet, a *site* (also a website) is a particular set of connected pages

Collocates: a building site

they looked at sites where rubbish had been burned | *it's on the site of a much older church* | *a building site (where building work is going on)* | *a landfill site (where rubbish is buried in the ground)* | *I found a great site for funny photos of cats* | *you can build your own website in just a few hours*

slightly /ˈslaɪtli/ Adverb
slightly means a little but not very much

I felt slightly sick | *the cost of rail travel has gone up slightly this year* | *they're the same age, but Jake is slightly taller than Dylan* | *we did the experiment a second time and got a slightly different result*

Adjective: *slight*

the company saw a slight increase in profits last year | *nothing we did made the slightest difference*

sticker /ˈstɪkə(r)/ Noun
a *sticker* is a piece of paper, usually with writing or a picture on it, that you can attach to something

you have to put a sticker on the bag to show that you have paid | *a sticker on the sofa said it was reduced to £750*

throw away /ˌθrəʊ əˈweɪ/ Phrasal verb
if you *throw* something *away*, you put it somewhere where it will be taken away because you do not want it or need it any more

in Switzerland, people have to pay to throw things away | *don't throw away your old bottles – recycle them* | *I threw away two pairs of shoes because they didn't fit me any more* | *the old cooker was broken so we threw it away*

tin /tɪn/ Noun
a *tin* is a metal container, especially for drinks or food. A *tin* is also the amount of drink or food inside it

Collocates: a tin of something

a tin of tomatoes | *she drank two tins of Coke* | *can you buy a tin of beans for lunch?* | *a tin opener (a special tool to cut the top of a tin and open it)*

Adjective: *tinned*

I use a lot of tinned tomatoes when I'm cooking

ton /tʌn/ Noun
in Britain, a *ton* is a unit of weight that is equal to 1,016 kilos. In the USA, a *ton* is a unit of weight equal to 907 kilos. In Europe and other parts of the world, 1,000 kilos is a *tonne*, which is also called a *metric ton*

the car weighed just over a ton | *about 30,000 tons of steel were used in the building* | *the airline carried 1.6 million passengers and 68,000 tons of cargo last year* | *Indonesia produced 420,000 metric tons of coffee in 2007*

tray /treɪ/ Noun
a *tray* is a flat piece of plastic, wood, or metal which you use to carry things on, such as glasses of drink or plates of food

Collocates: a tray of drinks/coffee/tea

a tray of sandwiches | *she brought out the drinks on a tray* | *can you fit everything on the tray?*

waste /weɪst/ Noun uncount
waste is things that are no longer needed and that people want to get rid of

they recycle 50% of their waste, and burn the rest | *household waste is collected once a week* | *10 tons of waste were sent to landfill (where it is buried in the ground)*

© 2016 National Geographic Learning

PAGES 128–129

blow /bləʊ/ Verb
if something *blows* somewhere, it moves there because of the wind

Collocates: blow away | blow open | blow shut | blow down | blow in

I use it to stop papers on my desk blowing away | the door blew shut | the storm blew down several trees in the park | smoke from the bonfire blew in through the open window

break up /ˈbreɪk ˌʌp/ Phrasal verb
if two people *break up*, they decide to stop having a romantic relationship with each other

a couple of weeks after that, we broke up | I broke up with Jennifer last week | he's been miserable ever since he broke up with his girlfriend | we broke up last year for a while, but we're back together again now

Noun: *breakup*

he went back to live with his parents after his marriage breakup | she's still recovering from her recent breakup

click /klɪk/ Verb
if you *click* on something on a computer screen, you press a button on the mouse to make the computer do something, for example to open a new document or page on a website

Collocates: right-click | left-click | double-click

click on the link to see a video of the event | click on the little x to close the application | click "yes" to continue | if you right-click, you will get a list of options (click the button on the right-hand side of the mouse) | double-click the file name to open the document (click twice)

Noun: *click*

it takes about six clicks to get to the right page on the website | and with one click of the mouse, he shut down the computer

clue /kluː/ Noun
a *clue* is a small piece of information that helps you discover the truth about something

Collocates: give someone a clue | look/search for clues | find a clue

she gave me some clues about what my present was going to be | the police are searching the car for clues | we still haven't found any clues | all these clues suggest that the thief was left-handed

embarrassing /ɪmˈbærəsɪŋ/ Adjective
if something is *embarrassing*, it makes you feel a little ashamed and worried about what people will think of you

it was a bit embarrassing, because I couldn't remember his name | can you stop asking embarrassing questions? | there was a long and embarrassing silence | the situation was rather embarrassing

Adverb: *embarrassingly* | Adjective: *embarrassed* | Verb: *embarrass* | Noun: *embarrassment*

Collocates: embarrassed by/about something

his exam results were embarrassingly bad | I was too embarrassed to speak to her | he gave an embarrassed laugh | don't embarrass me by telling everyone about it | she went red with embarrassment

exhausted /ɪgˈzɔːstɪd/ Adjective
if you are *exhausted*, you are very tired

sit down – you must be exhausted | I got home exhausted after walking from the station | she was too exhausted to argue with him | I'm absolutely exhausted

Adjective: *exhausting* | Noun: *exhaustion*

I just want to sleep. It's been an exhausting day | he nearly died of exhaustion | they were suffering from exhaustion

hand /hænd/ Verb
if you *hand* something to someone, you give it to them by putting it in their hand

Collocates: hand someone something | hand something to someone

she handed me a rock from the beach | he handed the letter to me | can you hand me your cup

link /lɪŋk/ Noun
a *link* is a place on a computer screen that connects to a different page or different information if you click on it

Collocates: click on a link | a link to something

click on the link to see a video of the event | I found it from the link on the BBC website | a page of links to interesting sites about basketball | a broken link (one that does not work any more)

rock /rɒk/ Noun
a *rock* is a large, heavy stone

she handed me a rock from the beach | we climbed over the rocks to get to the sea | a huge piece of rock | the boat hit some rocks and sank

shame /ʃeɪm/ Noun
if you say that something is a *shame*, you mean it is unfortunate or disappointing

Collocates: a shame that | a shame to do something

it's a shame he burnt the toast | can't you come to the party? Oh, what a shame | it's a real shame that they closed the factory | it's such a shame that he failed his driving test | it seems a shame to leave the party so early

PAGE 130

base /beɪs/ Verb
if a writer *bases* a story on certain things, he or she uses those things as the main part of the story

Collocates: base something on something or someone

Dodgson based the stories on places that they knew about | Liddell's daughter was the girl that Alice was based on | he based his first novel on his own experience of growing up in Blackburn

hometown /ˈhəʊmtaʊn/ Noun
your *hometown* is the place where you live or the place where you grew up

she's my best friend from my hometown | she had to leave her hometown and move to New York | I went back to my hometown after university

© 2016 National Geographic Learning

influence /ˈɪnfluəns/ Verb

if you *influence* someone, you have an effect on the way they behave or develop

the city has also influenced a number of other writers | *what he saw in Baltimore influenced his decision to become a politician* | *a teacher who influenced my opinions when I was still at school* | *Foster was heavily influenced by classical music*

Noun: *influence* | Adjective: *influential*

Collocates: have influence on/over someone or something

he has a lot of influence in the school | *she used her influence over the president to make him change his mind* | *his father had a great influence over him* | *one of the most influential writers of the 20th century* | *two of them became influential leaders within the church*

© 2016 National Geographic Learning

EXERCISES

Prepositions

A Complete the sentences with the correct preposition. Look up the nouns in bold if you need help.

1 Just throw your rubbish ..... the **bin**.
2 She threw a **bucket** ..... water over me.
3 There's some toothpaste ..... the **shelf** in the bathroom.
4 She's my best friend ..... my **hometown**.
5 There's a page of **links** ..... interesting sites about basketball.
6 Pour a **carton** ..... cream into the bowl.

B Choose the correct preposition. Look up the verbs if you need help.

1 I stored some of my old toys *in* / *at* the garage.
2 What's the best way to dispose *from* / *of* old batteries?
3 He managed to convince them *of* / *for* his honesty.
4 He handed the letter *to* / *at* me.
5 Click *with* / *on* the link to see a video of the event.
6 He based his novel *on* / *in* his experience of growing up in Blackburn.

Word families

C Complete the sentences with the correct form of the word in bold.

1 Can I borrow your **stapler**?	..... the pages together.
2 It was an **embarrassing** experience.	I felt very .....
3 I was **exhausted** after walking home.	The long walk home was .....
4 Open a **tin** of tomatoes.	I use ..... tomatoes in my cooking.
5 Her father worked in a **mine**.	Her father was a .....
6 She has a lot of **influence**.	She's an ..... leader.

D Tick the words which are both a verb and a noun.

1 nail .....
2 hammer .....
3 bin .....
4 clue .....
5 blow .....
6 preserve .....
7 mine .....
8 estimate .....
9 recycle .....

Collocations

E Match the containers (1–6) with the contents (a–f). Look up the containers if you need help.

1 a bar	a) of yoghurt
2 a jar	b) of orange juice
3 a pot	c) of chocolate
4 a sack	d) of lemonade
5 a can	e) of potatoes
6 a carton	f) of honey

F Complete the collocations with nouns from the unit.

1 a b_ _ _ _t of water
2 pay off a m_ _ _ _ _ _e
3 a refundable d_ _ _ _ _t
4 a rough e_ _ _ _ _ _e
5 a building s _ _ _

G Choose the word that does not collocate with the noun. Look up the noun if you need help.

1 top / bottom / tinned shelf
2 rubbish / store / litter bin
3 water / gas / electric oven
4 coal / gold / waste mine
5 efficient / refundable / returnable deposit

Phrasal verbs

H Choose the correct word to complete the phrasal verb.

1 The company is disposing *from* / *of* all its old computer screens.
2 Don't throw *away* / *off* your old bottles – recycle them.
3 Everything we produce and consume leads *at* / *to* waste.
4 Be careful how you pick *up* / *with* heavy objects.
5 I need to get rid *at* / *of* all the junk in my cupboard.
6 My sister just broke *away* / *up* with her boyfriend.

© 2016 National Geographic Learning