5 RELAX

PAGES 44–45

admit /ədˈmɪt/ Verb
if you *admit* that something is true, you say that it is true, even if it is embarrassing for you

I must admit, I don't like swimming in outdoor pools | I have to admit that I have never read Hamlet

cards /kɑː(r)d/ Noun
a *card* or a playing *card* is a small piece of cardboard that has numbers or pictures on it, used for playing games. A pack of *cards* usually has 52 *cards* in it. If you play *cards*, you play a game using a pack of cards

Collocates: play cards | a pack/deck of cards | deal the cards

do you like playing card games? | let's have a game of cards | he always cheats when he plays cards | it's your turn to deal the cards (give them out to the players at the start of the game) | shuffle the cards first (mix them up so that no one knows what order they are in)

clear /klɪə(r)/ Adjective
if a substance is *clear*, you can see through it easily

the water is really clear | a clear glass bottle

client /ˈklaɪənt/ Noun
a *client* is person who is paying someone for a professional service

I have a meeting with some important clients | Diane's out visiting a client | she had an appointment with a client at three o'clock | his clients include a number of famous actors | she advises clients on business opportunities in China

come round /ˌkʌm ˈraʊnd/ Phrasal verb
if someone *comes round*, they come to your home to visit you

we've got friends coming round on Sunday | why don't you come round after work for a cup of tea? | my dad said he'd come round with some potatoes from his garden

conservative /kənˈsɜː(r)vətɪv/ Adjective
someone who is *conservative* does not like change or new ideas

he's rather old-fashioned and very conservative | Dave is the opposite of his conservative parents | I couldn't help laughing at his conservative attitudes

course /kɔː(r)s/ Noun
a *course* is a large area of land used for playing golf or for horse races

is there a golf course near here? | he spent all weekend out on the course (playing golf) | our nearest race course is at Sandown Park

court /kɔː(r)t/ Noun
a *court* is an area of ground where you play games such as tennis, volleyball, or basketball

Collocates: a tennis/volleyball/basketball court

a tennis court | she prefers playing on a grass court | the players have been on court (playing) for over two hours | there's a public basketball court in the park | he's actually quite friendly off the court (when he's not playing)

fishing /ˈfɪʃɪŋ/ Noun uncount
fishing is the activity of trying to catch fish in a river or the sea

Collocates: go fishing | a fishing rod

I went fishing yesterday | do you want to come fishing with me tomorrow? | I never enjoyed fishing | a fishing rod

Verb: *fish*

my dad taught me how to fish at an early age

forgetful /fə(r)ˈgetf(ə)l/ Adjective
someone who is *forgetful* keeps forgetting things

as he grew older, he became more and more forgetful | Uncle Tony is so forgetful that he has to write notes for himself now | he's very forgetful, so I was surprised that he remembered my birthday

gear /gɪə(r)/ Noun uncount
gear is the equipment you need to do a particular activity, especially a sports activity

Collocates: fishing/swimming/cycling etc. gear

don't forget to bring your fishing gear | he was wearing his cycling gear | the car was full of camping gear | did you bring your swimming gear?

lazy /ˈleɪzi/ Adjective
someone who is *lazy* does not like working or making any effort to do things

I'm too lazy to cook for myself | He's so lazy! Still in bed at 12 o'clock | his teachers told his mother he was lazy and careless | don't be so lazy, come and help us

Noun: *laziness*

the biggest reason he failed his exams was his laziness

loser /ˈluːzə(r)/ Noun
a *loser* is someone who has lost a game or competition. If someone is a bad *loser*, they behave badly and become angry when they lose because they are upset or disappointed. A good *loser* is someone who behaves well when they lose

Collocates: a bad/good loser

I was such a bad loser when I was a child | the winner gets a bar of chocolate, the loser gets nothing | you're such a loser (someone who never has any success in life)

Verb: *lose*

we're determined not to lose this game

loud /laʊd/ Adjective
someone who is *loud* behaves in a very lively way and doesn't talk quietly but always in a loud voice

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she never liked her brother's friends, who were all loud and aggressive | *he was a loud, unpleasant little man* | *he's a bit loud at times, but he's been a good friend to me*

messy /ˈmesi/ Adjective
someone who is *messy* does not keep things tidy. A *messy* place is very untidy

my sister's room is so messy | *all her family are messy* | *it's a bit messy in here* | *he's a messy eater (he always drops food or spreads it over his face and clothes)*

Noun: *mess*

your bedroom is such a mess! | *the whole house was in a mess after the party* | *the flat's a bit of a mess at the moment*

-Y

Many adjectives ending in -y are based on nouns. For example:

He's quite messy.	*Clear the mess in the kitchen.*
It's lucky you're here.	*Good luck with the exam!*
I eat a lot of healthy food.	*He's in good health.*
I like spicy food.	*Add some spices to the dish.*
My car's dirty.	*He has dirt on his jeans.*

pitch /pɪtʃ/ Noun
a *pitch* is an area of land where you play games such as football or rugby

Collocates: a football/rugby/hockey pitch

a football pitch | *at last, the teams ran onto the pitch* | *the rugby pitch was too wet to play on*

pool /puːl/ Noun
a *pool*, or a *swimming pool*, is an area of water that has been built for people to swim in

Collocates: an outdoor/indoor pool | a heated pool

do you prefer swimming in a pool or in the sea? | *it costs £2 to go into our local swimming pool* | *she has a pool in her garden* | *the leisure centre has an indoor pool as well as a heated outdoor pool* | *she dived into the pool*

racket /ˈrækɪt/ Noun
a *racket* is the thing that you use to hit the ball in games such as tennis

Collocates: a tennis/badminton/squash racket

an expensive tennis racket | *I stuck my racket out but missed the ball* | *with modern rackets you can hit the ball incredibly hard*

rod /rɒd/ Noun
a *rod* or a *fishing rod* is a long thin piece of wood or plastic which you use to try and catch fish. A thin line, or fishing line, goes from the *rod* into the water. The fishing line has a hook on the end of it which is used to pull the fish out of the water

I got a new fishing rod for Christmas | *I can lend you a rod if you forgot to bring one with you* | *a telescopic fishing rod (one that you can make longer and shorter)*

track /træk/ Noun
a *track* is a place with marks on the ground where people run in organised races

a running track | *track events (events that take place on running tracks, not throwing or jumping events)* | *a standard 400 metre track* | *an indoor running track* | *a race track (where horses race)*

unfit /ʌnˈfɪt/ Adjective
if you are *unfit*, your body is not very strong or healthy because you do not do enough exercise

I was so unfit that I had to rest half way up the stairs | *the army wouldn't take him because he was so unfit* | *he was too unfit to join the football club*

Opposite – Adjective: *fit*

Collocates: keep fit

I walk a lot to keep fit | *I want to get fit for the summer*

up /ʌp/ Adverb
if you are *up*, you have got out of bed in the morning

I won't be up before 11 tomorrow | *she was always up by 7 ready for her morning run* | *don't ring him now, he won't be up yet*

warm up /ˈwɔː(r)m ʌp/ Phrasal verb
if you *warm up*, or if something *warms* you *up*, you become warmer after you have been cold for a while

the water's cold, but you'll soon warm up | *put the fire on so we can warm up* | *here, have some soup. This should warm you up*

PAGES 46–47

aim /eɪm/ Verb
if you *aim* to do something, you try to do it successfully

Collocates: aim to do something

players aim to kick or head the ball over the net | *the campaign aims to inform people about healthy living* | *I aim to make a million pounds by the time I'm 30*

Noun: *aim*

Collocates: a main aim

what are the main aims of the project? | *her aim was to become famous writer*

banned /bænd/ Adjective
if something is *banned*, it is not allowed to happen because of a law or rule

Collocates: be banned from doing something

the sport was banned for a while because of violence | *two cyclists were accused of taking banned substances (drugs that were not allowed)*

Verb: *ban* | Noun: *ban*

Collocates: ban someone from doing something | a ban on something | impose a ban | lift a ban

he's been banned from driving for a year | *they banned mobile phones in the classroom* | *the judge imposed a five year travel ban* | *the ban on public meetings was lifted in April*

beat /biːt/ Verb
if you *beat* someone in a game or competition, you win

my brother always beats me when we play chess | *Tottenham beat Chelsea 5—3* | *I've played him at tennis every week for a year and I've never beaten him*

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WORDS WITH SIMILAR MEANINGS

Some words like ***win*** and ***beat*** have a similar meaning and may be translated with one word in your language. The difference is sometimes to do with grammar. For example, you can't 'win someone', you 'beat them'. Sometimes the difference is to do with collocation. That's why it's important to look at and learn the examples in the Vocabulary Builder.

bet /bet/ Verb

if you *bet*, you try to win money by saying who you think will win a race or game

Collocates: bet (something) on something | bet (someone) that

people now bet on the results of the races | I bet £5 on Arsenal to win the cup | I bet you that Mo Farah will win the next Olympics

Noun: *bet* | Noun: *betting*

Collocates: place a bet

I want to place a bet on the next race (make a bet) | I had a £5 bet on the result | my father always warned me against betting

bounce /baʊns/ Verb

if you *bounce*, you jump up and down on a soft surface. If a ball *bounces*, it comes back after hitting a surface

players bounce up and down trying to get the ball over the net | do you like bouncing on a trampoline? | the ball bounced off the wall and broke a window

Noun: *bounce*

let's have a bounce on the trampoline

cheat /tʃiːt/ Verb

if you *cheat*, you deliberately break the rules in an exam or game in order to do well

I'm sure my brother cheats when he plays cards | she got caught cheating in an exam | students who cheat know it's wrong

Noun: *cheat*

he accused me of being a cheat

contrast /ˈkɒntrɑːst/ Noun

a *contrast* is a very noticeable difference between two things. If one thing is *in contrast* to another, it is very different

Collocates: in contrast | by contrast

football is a simple game. In contrast, cricket is very complicated | after a week in New York, Oxford was quite a contrast | buses run till midnight; by contrast, the trains stop running at 10

create /kriˈeɪt/ Verb

to *create* something means to make it start to exist

new sports are being created all the time | for every problem the internet creates, it also brings a solution | the government has promised to create 10,000 new jobs in a year

Noun: *creation*

since its creation in 2003, the company has made over a million cars

crowd /kraʊd/ Noun

a *crowd* is a very large group of people in a place, for example in a shopping centre or at a sports event

it's a sport that attracts big crowds | there was a huge crowd waiting to get in | I had to push my way through the crowds of shoppers on Oxford Street | a small crowd had gathered outside the church

Adjective: *crowded*

the bus was very crowded | the bomb went off in a crowded shopping area

DJ /ˈdiːˌdʒeɪ/ Noun

a *DJ* is someone who chooses the music in a club or at an event and plays the CDs or records

the DJ plays Brazilian music while the game is going on | a famous radio DJ | she's a DJ at the local club | there was a great live band followed by a terrific DJ

Verb: *DJ*

can you come back and DJ for us again next week?

draw /drɔː/ Verb

if you *draw* a sports match or game, you finish with the same number of points as the other person or team

we drew our last match 1—1 | Aston Villa drew with Liverpool last Saturday

Noun: *draw*

it was a nil-all draw (neither team scored any goals) | Bournemouth scored in the last minute to get a draw

earn /ɜː(r)n/ Verb

money you *earn* is the money you are paid for doing your job

Collocates: earn money

top football players earn millions of pounds a year | I deliver newspapers before school in the morning to earn some money | how much does your dad earn? | she earns a fortune (a lot of money)

Noun: *earnings*

average earnings rose again last year

feature /ˈfiːtʃə(r)/ Verb

to *feature* something means to include it as an important part

the Olympic Games feature around thirty sports | the film features several well-known Hollywood actors | the new model features an improved engine design

Noun: *feature*

a car with a lot of special features

handle /ˈhænd(ə)l/ Noun

a *handle* is the part of a device or tool that you hold in your hand when you are using it or if you have to pick it up

the "duck" is actually a ball with handles | the handle of the drying pan was too hot to hold | a plastic bucket with a metal handle | the door handle was stuck

home /həʊm/ Adjective

in a sports competition, the *home* team is the team whose pitch is being used for the match

I go to all of Slavia Prague's home games | the home team are wearing red

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Noun: *home* || Opposites – Adjective: *away* | Adverb: *away*

I prefer playing at home because we have more supporters there | *next week we're at home against Newcastle* | *the away team are wearing white* | *we've played away for our last three games*

kick /kɪk/ Verb
if you *kick* something, you hit it with your foot

I kicked the ball through my neighbour's window by mistake | *I slipped when I was trying to kick the ball* | *stop kicking my chair!* | *he got kicked by a horse*

Noun: *kick*

if the door won't open, give it a kick

medal /ˈmed(ə)l/ Noun
a *medal* is a small round metal object that you sometimes get as a prize for winning a sports competition

Collocates: a gold/silver/bronze medal

I won a medal at our school sports day | *Steve Redgrave has won five gold medals at the Olympics (the prize for coming first)* | *she was proud of her silver medal (the prize for coming second)* | *he was disappointed to get only a bronze medal (a prize for coming third)*

mistake /mɪˈsteɪk/ Noun
if you make a *mistake*, you do something wrong or bad, although you did not intend to

Collocates: by mistake | make a mistake

I kicked a ball through my neighbour's window by mistake | *I didn't make a single mistake in the maths exam* | *it was a big mistake to put so much salt in the soup* | *the government has made a number of serious mistakes in the past year*

opponent /əˈpəʊnənt/ Noun
an *opponent* is someone who is competing against you

you have to try and get the ball in your opponent's net | *it's a driving game where you race against different opponents* | *he received a much greater percentage of the vote than his opponent* | *he lost the match but Daniels was a tough opponent*

originally /əˈrɪdʒ(ə)nəli/ Adverb
if you describe how something *originally* happened, you are talking about how it started

the game originally involved two teams on horses | *the canal was originally just 20 km long* | *our house was originally a baker's shop* | *the book was originally published in Russian*

outcome /ˈaʊtˌkʌm/ Noun
the *outcome* of a process or activity is the final result of it

people now bet on the outcome of the races | *the final outcome was disappointing* | *the outcome of the election was a change of government*| *a successful outcome* | *the outcome is still uncertain*

pace /peɪs/ Noun singular
the *pace* of something is how fast it moves or changes. If an athlete *sets the pace*, he or she goes at a fast speed and the other competitors have to try and go at that speed too

in Keirin, a cyclist sets the pace until the last 600 or 700 metres when everyone starts to sprint | *they set off at a fast pace, but had to slow down as they got tired* | *the pace of change in the computer industry has been extreme*

pass /pɑːs/ Verb
in a sport like football, if you *pass* the ball, you send it to another player on your team without letting an opponent get the ball

Rooney passed to Kane who scored | *I don't like playing in the same team as Richard; he never passes* | *pass it to Andy!*

Noun: *pass*

a thirty yard pass found Hansen over on the left

prevent /prɪˈvent/ Verb
if you *prevent* something, you stop it from happening

Collocates: prevent someone from doing something

they try to prevent the other team from scoring | *we do everything we can to prevent accidents* | *warming up properly before exercise will help to prevent injuries* | *a healthy diet can help prevent heart disease*

Noun: *prevention*

a police crime prevention team | *prevention of disease is better than treatment*

race /reɪs/ Verb
if you *race* somewhere, you go there very fast. In sport, if you *race*, you try to go a certain distance faster than the other people in the competition

riders have to train hard before they are allowed to race | *the rabbit raced across the road* | *two cyclists raced past us down the hill*

Noun: *race*

the 100 metres race | *who do you think will win the race?*

score /skɔː(r)/ Verb
if you *score*, you succeed in getting a point during a game. The *score* in a match is the number of points each player or team has

I scored twice but we still lost | *Lineker scored 48 goals for England*

Noun: *score*

the final score was 24—12 to Wales | *what's the score?*

season ticket /ˈsiːz(ə)n ˌtɪkɪt/ Noun
a *season ticket* is a single ticket that allows you to go into a sports stadium or to make a journey by bus or train several times during a certain period of time

I've got a season ticket, so I go to all the home games | *the train costs £14 a day, but it's only £55 to buy a season ticket for a week*

set /set/ Verb
if an athlete *sets the pace*, he or she goes at a fast speed and the other competitors have to try and go at that speed too. If someone *sets a standard*, they do something very well which means that other people have to try and do as well as that

in Keirin, a cyclist sets the pace until the last 600 or 700 metres when everyone starts to sprint | *when Roger*

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Bannister first ran a mile in under four minutes, Chris Brasher set the pace for him | the first iPhone set the standard that other phone companies had to follow

strength /streŋθ/ Noun uncount
strength is physical power that you get from your muscles

which sport do you think needs the most strength? | I lost all the strength in my arm after the injury | I need to build up my strength for the race next week | I didn't have enough strength to lift the suitcase

Verb: *strengthen*

I do exercises every morning to strengthen my muscles

support /səˈpɔː(r)t/ Verb
if you *support* a sports team, they are your favourite team and you always want them to win, and you watch them play whenever you can

who do you support? | I've supported Real Madrid since I was a child | you can't suddenly decide to support another team

Noun: *supporter*

she's a keen Manchester United supporter | at the end of the match, lots of supporters ran onto the pitch

throw /θrəʊ/ Verb
if you *throw* something, you make it go through the air using a quick action to release it from your hand

Collocates: throw something at something or someone

how far can you throw a rugby ball? | throw the ball to me | some of the protestors threw stones at the police

Noun: *throw*

it was a good throw that went straight to the player

time /taɪm/ Verb
if you *time* something, you measure how long it takes

I don't usually time myself, but I think I can swim 100 metres in about two minutes | he was timed at 3 minutes 59 seconds | let's time the journey home and see if it goes quicker than last week

Noun: *time*

my best time for the 200 metres is 23.7 seconds

ugly /ˈʌgli/ Adjective
something that is *ugly* does not look very nice at all

the town hall is the ugliest building in my town | "I just hate ugly people," he said | it was a very large and rather ugly car | the dog had an extremely ugly face

Noun: *ugliness*

there is so much ugliness in the world

violence /ˈvaɪələns/ Noun uncount
violence is behaviour in which people fight or hit each other

the sport was banned for a while because of violence | there was an outbreak of violence after the match (violence suddenly started) | I think there was too much violence in that film | violence and terrorism will not bring peace to the Middle East

Adjective: *violent*

I can't understand his violent behaviour | he was the victim of a violent attack in the street

win /wɪn/ Verb
if you *win* a competition or game, you do better than everyone else who is taking part

I once won a medal in a running race at school | everyone expected England to win the match, but Wales beat them in the end | Germany won the World Cup in 2014 | Spurs won 4–1 against Manchester City | I've never won anything playing sport | how did you get on at the chess match? Did you win? | Borg won Wimbledon five times, but never won the US Open

Noun: *winner* | Adjective: *winning* || Opposite – Verb: *lose*

the winner will receive $25,000 | the winner of three Olympic gold medals | he won the race in a winning time of 3 minutes 47 seconds | England lost to Wales by just three points | I hate losing | they lost the match by two goals to one

Pages 48–49

baking /ˈbeɪkɪŋ/ Noun uncount
baking is the activity of making bread, cakes, pies, etc. that you cook in an oven

I did some baking for my sister's birthday party | I really enjoy cooking, especially baking | a baking tin (a special tin that you can cook cakes in) | place the pastry on a baking tray (a flat tray that will go into the oven)

Verb: *bake* | Noun: *baker*

bake the loaf for 40 minutes | freshly baked biscuits | a commercial baker (one who bakes food as a job) | most home bakers have their own recipes for apple pie

commercial /kəˈmɜː(r)ʃ(ə)l/ Adjective
commerce is business. If something is *commercial*, it is related to business or making money

it's a reaction against life becoming so commercial | a commercial TV station (one that is paid for by advertising, not by the government) | he set up a business selling commercial vehicles (cars, vans, and lorries used by businesses) | the film was a commercial success (it earned a lot of money)

debt /det/ Noun
debt is the state of owing money to someone. A *debt* is an amount of money that you owe

Collocates: be in debt | get into debt | get out of debt | run up a debt | pay back/pay off a debt

I hate being in debt | he ran up huge debts at university | I managed to pay off all my debts once I got a job | once you get into debt your problems will get worse | I just want to get out of debt and start again

depression /dɪˈpreʃ(ə)n/ Noun uncount
if you suffer from *depression*, you are very unhappy in a way that affects your everyday life

Collocates: severe depression | mild depression

many people take pills for depression | doctors can help cure mild depression | patients with severe depression might spend some time in hospital | stress and depression due to financial troubles are common

Adjective: *depressed*

I've been feeling quite depressed since the end of the

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holidays | *he became severely depressed after losing his job*

detailed /ˈdiːteɪld/ Adjective
something that is *detailed* has a lot of individual parts and features

some designs are very detailed and complicated | *a detailed description of the robber* | *I took detailed notes of the speech* | *chapter 12 will give a detailed explanation of the events* | *the drawings were incredibly detailed*

difference /ˈdɪfrəns/ Noun
if something makes a *difference*, it changes a situation and usually makes it better

Karen thinks that colouring has made a difference | *the extra money will definitely make a difference* | *raising the minimum wage will make a huge difference to the lives of working people* | *I tried talking to her again, but it made no difference (did not change the situation)*

dramatic /drəˈmætɪk/ Adjective
something that is *dramatic* is very sudden and extreme and often surprising

there was a dramatic increase in sales | *you need to make a dramatic improvement if you're going to pass your exams* | *a dramatic rise in the price of oil* | *a dramatic change in the weather*

Adverb: *dramatically*

prices have risen dramatically | *she had changed dramatically when she came back from university*

escape /ɪˈskeɪp/ Verb
if you *escape* something unpleasant, you succeed in getting into a situation where you can avoid it or not have to experience it

we go to the mountains to escape the summer heat | *I was too ill to go to school yesterday so I escaped the chemistry test* | *he managed to escape punishment because his father knew the judge* | *she narrowly escaped a serious injury in the crash (she only just escaped)*

fashion /ˈfæʃ(ə)n/ Noun
fashion is the style of something that is popular for a time. If something is *in fashion*, it is popular and done, used, or worn by a lot of people for a time. If it is *out of fashion*, people no longer want to do it, use it, or wear it

Collocates: in fashion | out of fashion

it's not just colouring that's coming back into fashion | *the Beatles' music will never go out of fashion* | *the fashion industry (making clothes that are the latest fashion)* | *they talked about music, travel, and fashion*

Adjective: *fashionable* | Adverb: *fashionably*

Chelsea is a fashionable district of London | *fashionable clothes* | *you don't need to spend a lot of money to dress fashionably*

fill /fɪl/ Verb
if you *fill* something, you make it full. If you *fill in* something, you add writing or colours to it

Collocates: fill (in) something with something

the children were told to fill in the pattern with different colours | *fill in this form with your name and address* | *fill the saucepan with cold water*

growth /grəʊθ/ Noun uncount
growth is an increase in the size or value of something

Collocates: economic growth

one of the biggest growth areas in publishing is colouring books | *the government has said economic growth is its main objective* | *population growth is a problem in some countries* | *the company's growth has slowed down*

Verb: *grow*

last year the economy grew by 1.2% | *you can expect to see the house grow in value by 6% a year*

make-up /ˈmeɪkʌp/ Noun uncount
make-up is different coloured stuff such as lipstick or powder that some people put on their faces to make themselves more attractive. Actors use *make-up* so that the audience can see them more clearly

I need to buy some more lipstick and other make-up | *don't forget to take your make-up off before you go to bed* | *my mother hated wearing make-up*

moderate /ˈmɒd(ə)rət/ Adjective
something that is *moderate* is not very large or small, and not extreme in any way

they were published in the UK with only moderate success | *regular moderate exercise offers three main benefits* | *the temperature in the evening is quite moderate* | *bake for 45 minutes in a moderate oven (not very hot)*

Adverb: *moderately*

the film was only moderately successful in the US | *they lived in a moderately sized flat in Fulham*

occupy /ˈɒkjʊpaɪ/ Verb
if something *occupies* your mind or your attention, you spend time thinking about it and concentrating on it

colouring tasks will completely occupy their attention for an hour | *he was occupied with making lunch* | *take a book to occupy yourself while you're waiting at the airport*

pattern /ˈpætə(r)n/ Noun
a *pattern* is a series of shapes and lines that are repeated regularly on a surface

the teacher got us to draw some complicated patterns | *I love the pattern on your curtains* | *the vase was decorated with geometric patterns (with regular shapes like squares and triangles)*

Adjective: *patterned*

a beautifully patterned carpet

personal /ˈpɜː(r)s(ə)nəl/ Adjective
something that is *personal* relates to just one single individual and is not shared with anyone else

making your own furniture is not commercial, it's personal, and you do it for yourself | *my personal finances* | *they asked for my personal details (how old I am, where I live, etc.)* | *that's a very personal question (one that asks for information that people don't usually tell to strangers)* | *my personal view is that we should*

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wait another year

Adverb: *personally*

the concert was good, though personally I prefer Lady GaGa to Madonna | *the prime minister personally visited the survivors in hospital*

publish /ˈpʌblɪʃ/ Verb

to *publish* a book means to have it printed and made available for people to have or buy

this book was originally published in the UK | *my book's going to be published next year* | *the government has published a report on the matter* | *a company that publishes maps and city guides*

Noun: *publishing* | Noun: *publisher*

colouring books are one of the big growth areas in publishing | *she was hoping to get a job in publishing* | *he signed a book deal with a New York publisher* | *the first Harry Potter book was rejected by 12 different publishers*

rival /ˈraɪv(ə)l/ Noun

a *rival* is someone who is trying to be more successful than you in an activity or competition

Collocates: someone's main/nearest/chief/closest/fiercest rival | a bitter/deadly rival

there had been fighting between rival gangs | *Radcliffe finished nearly two minutes ahead of her nearest rival* | *Murray's main rival in the tournament was Federer* | *the two men were bitter rivals (they did not like each other)* | *his closest rival was injured two weeks before the race* | *they'd been bitter rivals for 20 years, but now they found friendship*

task /tɑːsk/ Noun

a *task* is a particular piece of work or activity that someone has to do

Collocates: give/set someone a task

the task of colouring is similar for children and adults | *fitting the glass in the window was not an easy task* | *they were given several tasks to do as part of the job selection process* | *they still hadn't completed the task they'd been given last week*

therapy /ˈθerəpi/ Noun

therapy is treatment for physical or mental problems that does not involve drugs or surgical operations. People sometimes say *retail therapy* when they mean shopping in order to suggest that shopping is good for you

I'd rather go to the gym than have therapy | *art therapy is very relaxing* | *what you need is some retail therapy to cheer you up!* | *occupational therapy (treatment to help someone get back skills they lost after being ill or injured)*

Noun: *therapist* | Adjective: *therapeutic*

Marina suffers from depression and is being treated by a therapist | *my therapist helped me get through the experience* | *swimming can be highly therapeutic* | *these products are fresh and therapeutic*

title /ˈtaɪt(ə)l/ Noun

the *title* of a book, play, film, etc. is its name

when the publishers changed the titles, there was an increase in sales | *the book was first published under the title Sing your Songs* | *Michael Frayn says he spends longer deciding on the title than he does on writing the actual book*

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EXERCISES

PREPOSITIONS

A **Complete the sentences with the correct preposition. Look up the verbs in bold if you need help.**

1 Some of the protestors **threw** stones ..... the police.
2 You must try to **prevent** the other team ..... scoring.
3 He's been **banned** ..... driving for a year.
4 He **bets** money ..... horse racing.
5 You need to **fill** the saucepan ..... cold water.

WORD FAMILIES

B **Complete the expressions with the correct form of the word in bold.**

1 a 1–1 **draw**	We ..... 1–1.
2 enjoy **fishing**	My dad taught me to .....
3 a bad **loser**	I'm determined not to .....
4 too **lazy** to cook	He failed his exam because of .....
5 a **messy** bedroom	Her bedroom is such a .....
6 **support** Real Madrid	She's a keen ..... of Real Madrid.
7 **earn** a lot of money	My ..... increased last year.
8 a big **crowd** in the square	I got lost in a ..... square.

C **Tick the words which are both a noun and a verb.**

1 create .....
2 beat .....
3 draw .....
4 kick .....
5 score .....
6 throw .....
7 cheat .....
8 earn .....

COLLOCATIONS

D **Complete the sentences with the correct form of the verbs in the box. Look up the verbs if you need help.**

kick	beat	score	support	draw	win

1 My brother always ..... me when we play chess.
2 We ..... our last match 1—1.
3 I ..... the ball through my neighbour's window.
4 I ..... twice but we still lost.
5 I've ..... Real Madrid since I was a child.
6 Germany ..... the World Cup in 2014.

E **Complete the sentences with the adjectives in the box. Look up the nouns if you need help.**

main	mild	bronze	bad	keen	bitter

1 They'd been ..... rivals for 20 years.
2 He suffers from ..... depression.
3 What are the ..... aims of the project?
4 He was disappointed to get only a ..... medal.
5 She's a ..... Manchester United supporter.
6 He is always such a ..... loser.

F **Complete the collocations with nouns from the unit.**

1 swimming g_ _r
2 volleyball c_ _ _t
3 tennis r_ _ _ _t
4 rugby p_ _ _h
5 heated p_ _l
6 silver m_ _ _l

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