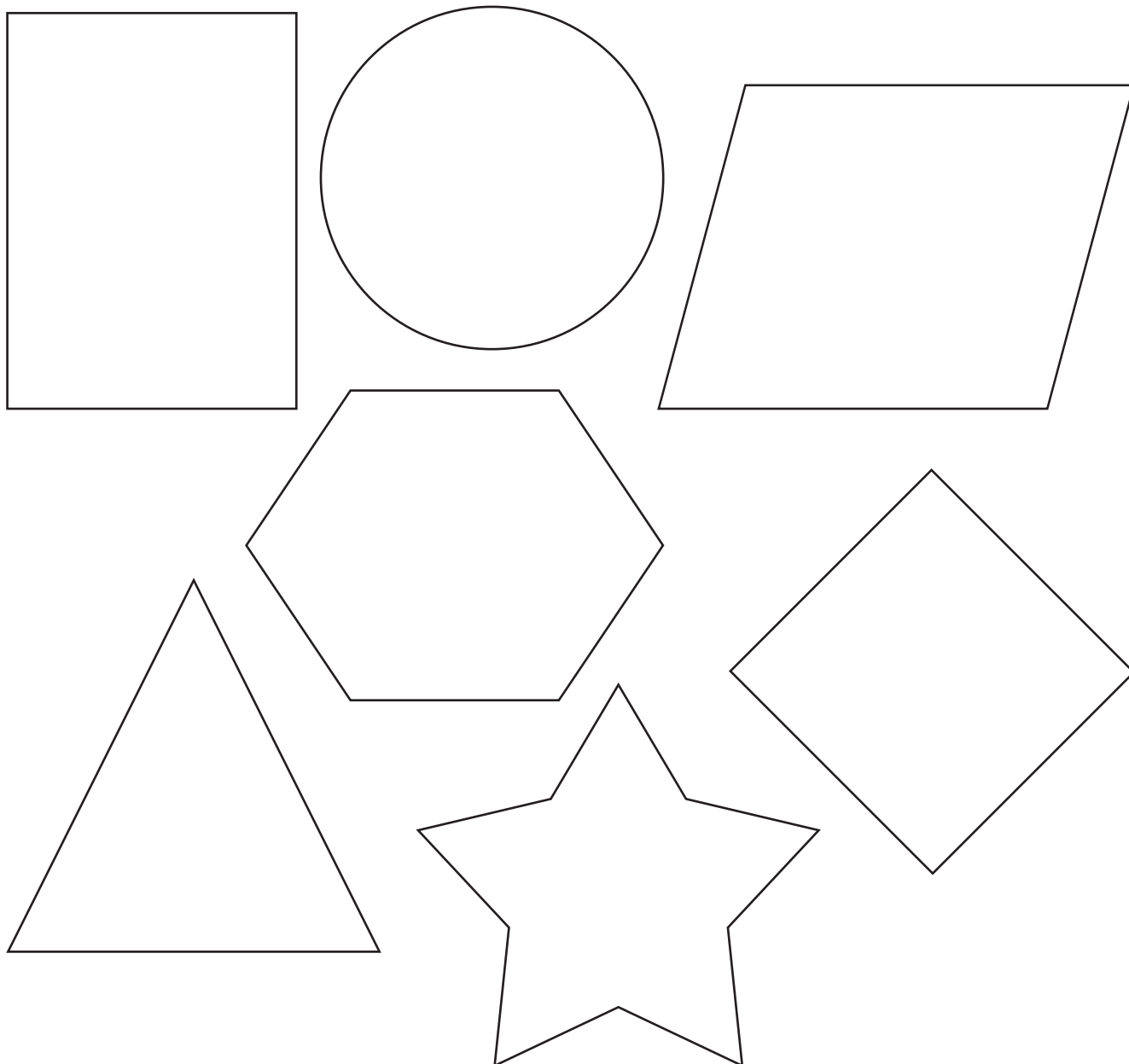


Unit 1

Wordpower

Idioms: Body parts

- something you would fight tooth and nail for
- someone who is head and shoulders above other people like them
- a time when you had to bite your tongue
- a time when you lost your head
- a time when you had to stick your neck out
- someone who would be a safe pair of hands to leave the class with
- someone who has a real nose for bargains.



Unit 2

Wordpower

Idioms: Movement

A Match the sentence halves.

1 My thoughts drift when	a I'm on a roll!
2 I don't mind the cold	b and get married.
3 I'd jump at the chance	c when temperatures plunge in winter.
4 Time whizzes past	d when I first drove a car.
5 I'd love to	e when I have too much to do.
6 On Monday mornings,	f give sea fishing a whirl.
7 My mind whirls	g when I'm with my friends.
8 One day I'll take the plunge	h my teacher explains grammar.
9 I felt a rush of adrenaline	i I find that time crawls past.
10 I've done really well in the last few English exams –	j to go around the world on a yacht.

B Put a tick next to any sentences that are true for you. Change the other sentences to make them true for you.

C Compare your sentences with the class. How many students have similar answers and sentences?

Unit 3

Wordpower

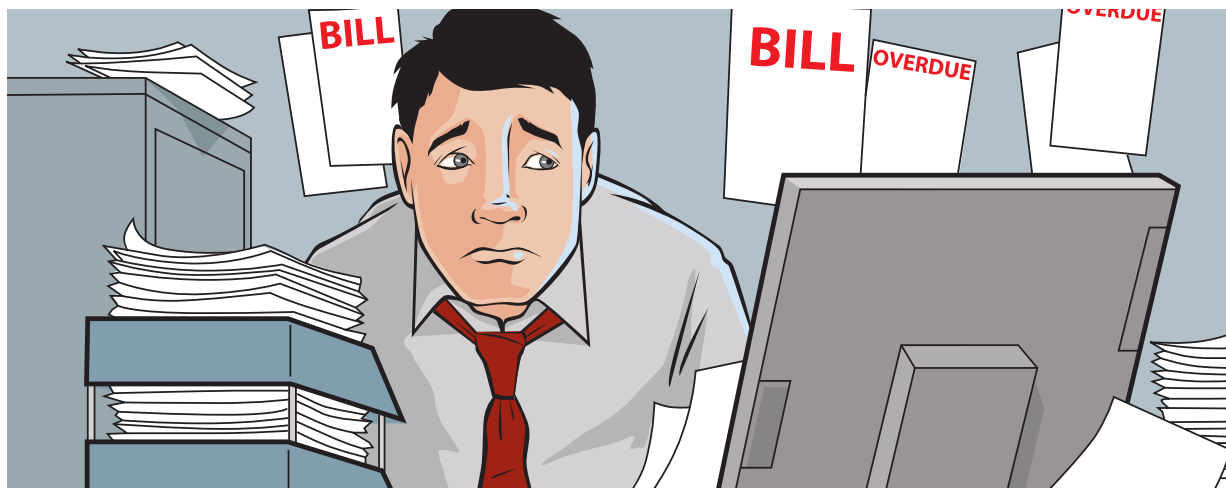
Idioms: Landscapes

A Work in pairs. Make idioms for the definitions. Use the words in the box and add any extra words you may need.

drop bogged slope get land lie out not ocean
get slippery struggle swamped down uphill woods

- | | |
|---|-------------------------|
| 1 assess the situation | 5 a difficult process |
| 2 get stuck on a particular point and not make progress | 6 still having problems |
| 3 a series of events which create worse problems | 7 not nearly enough |
| 4 be overwhelmed by too much work | |

B Work with your partner. Read about Bert and his problems, and complete the text using the correct form of the idioms in Activity A.



Bert, the new owner of The Sunshine Language School, needs your advice. The school has hardly any students and is in debt. If they don't get some money soon, they will be on a ¹_____ to bankruptcy. The school saved a little money by cutting teachers' salaries, but this was just a ²_____ and they are ³_____ yet.

One problem is that Bert has to arrange everything on his own – the timetable, the testing, student enquiries, and so on – so he is often absolutely ⁴_____ with paperwork.

As well as this, he is also ⁵_____ lots of new government rules and regulations.

He knows that it will be an ⁶_____, but once he has ⁷_____, things should start to improve.

C Discuss and agree on three pieces of advice for Bert.

- 1 _____
- 2 _____
- 3 _____

Unit 4

Wordpower

mind

Student A: Find someone who ...

is never afraid to speak their mind.

thinks they can read their best friend's mind.

always bears the teacher's advice in mind.

feels they can do anything if they put their mind to it.

Name



Student B: Find someone who ...

has had it cross their mind to be a teacher.

has a friend who gives them peace of mind when they are worried.

is always in the right frame of mind for class.

keeps an open mind in political discussions.

Name



Student C: Find someone who ...

has a lot on their mind at the moment.

finds it difficult to put their mind to their homework.

doesn't always speak their mind.

has had it cross their mind to move abroad.

Name



Student D: Find someone who ...

sometimes finds it difficult to get peace of mind.

wasn't in the right frame of mind for class today.

thinks their best friend can sometimes read their mind.

doesn't have a lot on their mind.

Name

Unit 5

Wordpower

Idioms: Crime



When was the last time you gave someone the benefit of the doubt? What happened?	If a friend's child was up to no good, would you intervene?	Do you know anyone who often gets away with murder? How do they do it?	<i>If you caught a flatmate red-handed, eating food you had bought for yourself, what would you do?</i>
<i>Have you ever got off lightly for doing something wrong? What happened?</i>	<i>Did your parents have to lay down the law with you when you were young? Why?</i>	Are there any areas around where you live where you feel you have to look over your shoulder? Why is that?	Did you have a partner in crime when you were a child? Who?
<i>When you were a child, what kind of things did you do when you were up to no good?</i>	Have you ever had to lay down the law with someone? Why?	Are there two people in this class you would describe as partners in crime? Why?	What would you do if you thought someone had got off lightly for cheating in a test?
Did your parents usually give you the benefit of the doubt when you were young?	Have you ever caught anyone red-handed doing something they shouldn't have been doing? What happened?	<i>Can you think of a time when you got away with murder? What happened?</i>	Do you ever find yourself looking over your shoulder even when you've done nothing wrong? When?

Unit 6

Wordpower

Idioms: Feelings

A time when you couldn't believe your eyes.



A time when you couldn't believe your eyes.



A time when you couldn't believe your eyes.



A time when you were over the moon.



A time when you were over the moon.



A time when you were over the moon.



A time when a friend got on your nerves.



A time when a friend got on your nerves.



A time when a friend got on your nerves.



A time when you had to just grin and bear it.



A time when you had to just grin and bear it.



A time when you had to just grin and bear it.



A time when you were at the end of your tether.



A time when you were at the end of your tether.



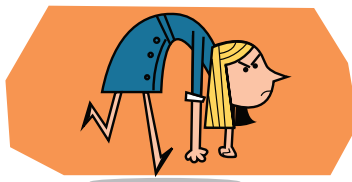
A time when you were at the end of your tether.



Something that really gets your back up.



Something that really gets your back up.



Something that really gets your back up.



Unit 7

Wordpower

self-

Match three sentences with each person's characteristic (1–6). Use the three letters next to the sentences to work out each person's name.

O I only meet friends at places that are the most convenient for me.

B I do what's best for myself.

G I pay my own bills and I don't expect help from others.

L I have achieved so many truly amazing things.

N I'm sure I've made the right decisions for my life.

B I always push to the front of the queue in a shop.

V I did really well in the last test and came top in the class.

A Of course I'll pass the exam!

E I grow my own vegetables and make my own bread.

T I'll give up my seat on the bus for an older person.

U I turned down a job because I knew my friend wanted it.

N I expect to get a good job in the future.

A I know what my strengths and weaknesses are.

M I realise I have to work harder at my English studies.

A I taught myself to play tennis and could play professionally.

S I always give to charity appeals.

X I don't always make the best decisions.

M I love fashion and I make my own clothes.




1 self-sacrificing 2 self-confident 3 self-centred 4 self-sufficient 5 self-aware 6 self-satisfied

Unit 8

Wordpower

and



far		
far	away	sweet
sick		
wear	clear	tear
part		
loud	parcel	tidy
neat		
short	pieces	tired
safe		
bits	sound	wide


Unit 9

Wordpower

build

A Work in pairs. Match the 'then' and 'now' sentences.

Then	Now
<ol style="list-style-type: none"> 1 John couldn't afford to buy a car. 2 Sally got a manager when she started as a singer. 3 The Prime Minister couldn't cope with the job. 4 We were a small company with great customer service. 5 The car we made was a basic model. 6 We planned to open a new kind of restaurant. 7 Coffee used to keep Pat awake at night. 8 Kirsty was cycling down the hill very quickly. 9 Matt was too scared to ask Elaine to marry him. 10 Emma was very nervous before the interview. 11 When the film started it was a bit scary. 12 Jack used to sell sandwiches in the market. 	<ol style="list-style-type: none"> a He has a shop in every town. b She now thinks she might well get the job she wants. c We've used that to become a multinational, still with great customer service. d It is now far more advanced. e He proposed to her yesterday. f He's buying one today. g She can drink coffee and still sleep well. h She's a superstar. i He's having a nervous breakdown. j We're opening a restaurant that uses only local produce. k Now it is terrifying! I don't know what is going to happen. l She could go up the other side easily.

B  Decide with your partner what happened between then and now. Use the words in the box and write one sentence for each situation.

build up build on build around build in

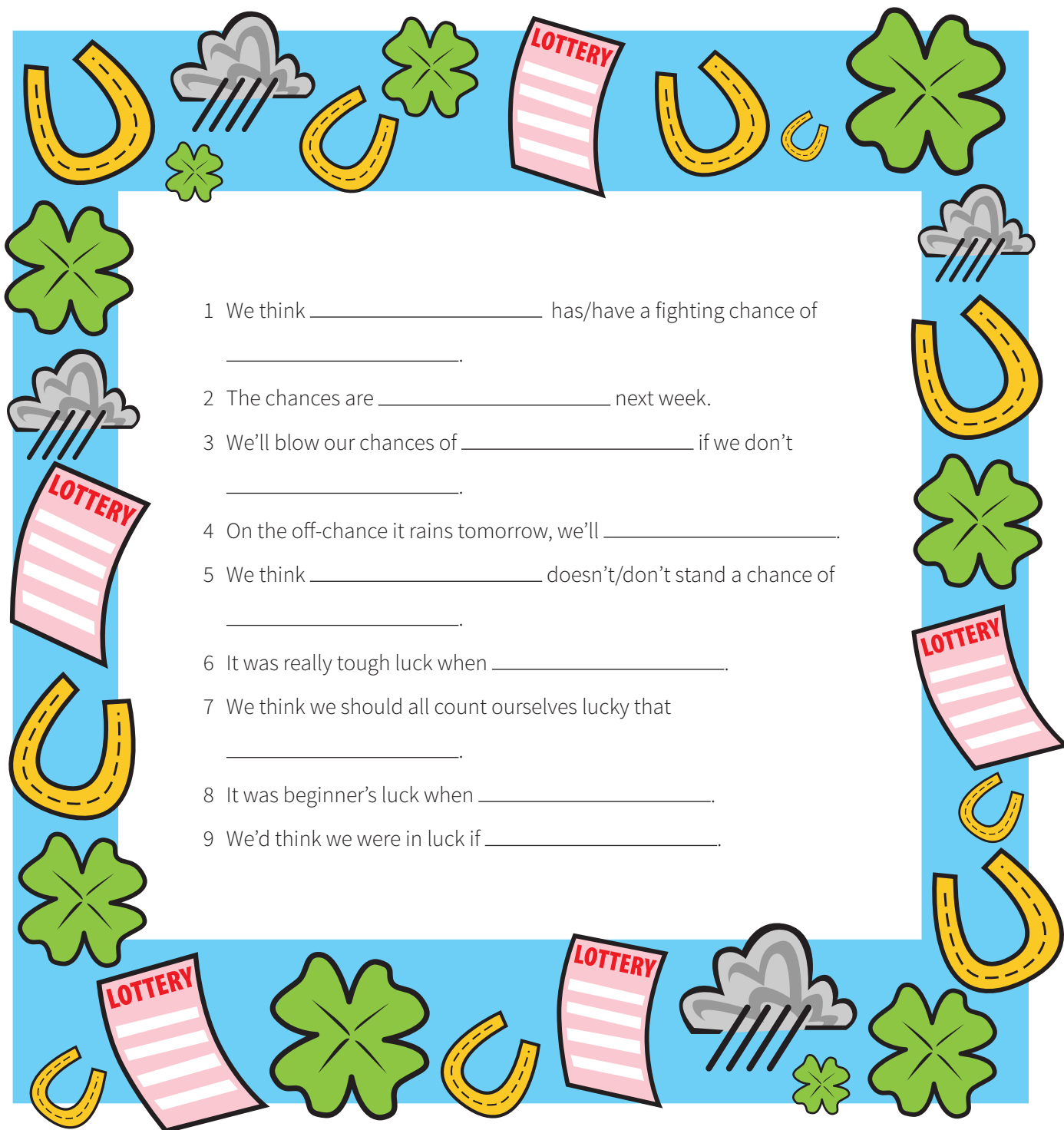
1 John built up his savings until he could afford a car.

Unit 10

Wordpower

luck and chance

A  Work in pairs. Complete the sentences with your own ideas.



1 We think _____ has/have a fighting chance of _____.

2 The chances are _____ next week.

3 We'll blow our chances of _____ if we don't _____.

4 On the off-chance it rains tomorrow, we'll _____.


5 We think _____ doesn't/don't stand a chance of _____.

6 It was really tough luck when _____.

7 We think we should all count ourselves lucky that _____.

8 It was beginner's luck when _____.

9 We'd think we were in luck if _____.

B  Now work with another pair to compare your ideas. How many ideas do you agree with?